

REF



SYSTEM

05390109119

05390109500

100

cobas e 601

cobas e 602

English

System information

For **cobas e 601** and **cobas e 602** analyzers: Application Code Number 173

Intended use

Immunoassay for the in vitro quantitative determination of N-terminal pro B-type natriuretic peptide in human serum and plasma. This assay is indicated as an aid in the diagnosis of individuals suspected of having congestive heart failure and detection of mild forms of cardiac dysfunction.^{1,2,3,4,5,6,7,8}

The test also aids in the assessment of heart failure severity in patients diagnosed with congestive heart failure.^{9,10}

This assay is further indicated for the risk stratification of patients with acute coronary syndrome^{11,12,13,14,15} and congestive heart failure, and it can also be used for monitoring the treatment in patients with left ventricular dysfunction.^{1,2,16,17,18,19,20}

The electrochemiluminescence immunoassay "ECLIA" is intended for use on the **cobas e 601** and **cobas e 602** immunoassay analyzers.

Note: Please note that the catalogue number appearing on the package insert retains only the first 8 digits of the licensed 11-digit Catalogue Number: 05390109190 for the Elecsys proBNP II STAT assay. The last 3 digits -190 have been replaced by -119 for logistic purposes.

Summary

Heart failure is a clinical syndrome characterized by systemic perfusion inadequate to meet the body's metabolic demands as a result of a structural and/or functional cardiac abnormality, resulting in a reduced cardiac output and/ or elevated intracardiac pressures at rest or during stress.^{1,2,3} Left ventricular dysfunction can be one of the functional precursors of heart failure.^{1,2}

Heart failure is a progressive disease where in both hospitalized and ambulatory patients, most deaths are due to cardiovascular causes, mainly sudden death and worsening HF.^{1,2}

The typical terminology used to describe HF is based on measurement of the Left Ventricular Ejection Fraction (LVEF). According to latest ESC guidelines, HF comprises a wide range of patients, from those with normal LVEF [typically considered as $\geq 50\%$; HF with preserved EF (HFpEF)] to those with reduced LVEF [typically considered as $< 40\%$; HF with reduced EF (HFrEF)]. Patients with an LVEF in the range of 40-49 % represent a 'grey area', which is now defined as HF with midrange EF (HFmrEF).^{1,2,3} Clinical information and imaging procedures are used to confirm the diagnosis of heart failure.^{1,2,3}

The significance of natriuretic peptides in the control of cardiovascular system function has been demonstrated. The following natriuretic peptides have been described: atrial natriuretic peptide (ANP), B-type natriuretic peptide (BNP), and C-type natriuretic peptide (CNP).^{21,22}

ANP and BNP, as antagonists of the renin-angiotensin-aldosterone system, influence by means of their natriuretic and diuretic properties, the electrolyte and fluid balance in an organism.^{23,24,25} In subjects with left ventricular dysfunction, serum and plasma concentrations of BNP increase, as does the concentration of the putatively inactive amino-terminal fragment, NT-proBNP. ProBNP, comprising 108 amino acids, is secreted mainly by the ventricle and, in this process, is cleaved into physiologically active BNP (77-108) and the N-terminal fragment NT-proBNP (1-76).^{22,23}

Several studies have demonstrated the significant role of natriuretic peptide testing, including NT-proBNP, in heart failure management from diagnosis to monitoring, leading to the recommendation to use them in clinical practice by major international guidelines with often highest level of evidence and recommendation.^{1,2}

Based on the symptoms, the severity of heart failure is classified in stages (New York Heart Association classification [NYHA] I-IV). When patients are grouped according to their NYHA classification, NT-proBNP levels increase with increasing class numbers and reflect the severity of cardiac impairment.^{9,10}

Heart failure symptoms are often non-specific and do not help to discriminate between heart failure and other conditions, such as (non-cardiogenic) pulmonary edema, chronic obstructive pulmonary disease (COPD), pneumonia or sepsis.^{1,2}

The European Society of Cardiology Heart Failure Guidelines recommends natriuretic peptides, including NT-proBNP, as an initial diagnostic test.¹ Patients with NT-proBNP below the recommended NT-proBNP cutoffs for non-acute and acute onsets are unlikely to have HF, and therefore do not require echocardiography - and elevated NT-proBNP help to identify patients who require further cardiac investigation.¹ When used with the recommended cutoff, the Elecsys proBNP assay yields negative predictive values ranging from 97 % to 100 % depending on age and gender.¹⁰

The test is also useful in the early stages of heart failure, where symptoms may be transient rather than present all the time.³ The high sensitivity of NT-proBNP allows also the detection of mild forms of cardiac dysfunction in asymptomatic patients with structural heart disease.^{4,5,6,7,8}

NT-proBNP can also be used for prognostic applications in patients with acute coronary syndrome. The GUSTO IV study, with more than 6800 patients, showed that NT-proBNP was the strongest independent predictor of one year mortality in patients with acute coronary syndrome.¹⁵

In patients hospitalized for acute decompensated heart failure, pre-discharge measurement of natriuretic peptides is useful to categorize patient's risk at discharge.^{1,16} Changes in NT-proBNP levels during hospitalization demonstrated to be a strong predictor of outcomes.^{16,26,27,28,29} A decrease in NT-proBNP values of $\geq 30\%$ has shown to be correlated with favorable outcome, while an increase in NT-proBNP values $> 30\%$ was correlated with 6.6 times higher risk of rehospitalization or death in 6 months.¹⁶

In chronic heart failure, serial measurement of NT-proBNP concentration can be used to monitor the disease progression, to predict outcomes and evaluate the success of treatment.^{1,2,17,18,20,30,31}

Elevated NT-proBNP values are strongly predictive of adverse outcomes and rising values identify a risk, while significant lowering of NT-proBNP denotes improved outcomes and better prognosis.^{1,2,17,32}

When NT-proBNP levels change during treatment of chronic heart failure, decrease over the course of the disease correlated with improved clinical outcomes.^{1,2,18,20} This interpretation of NT-proBNP results remains unchanged when using the new drug class Angiotensin receptor-neprilysin inhibitor^{1,2} (ARNI, e.g. sacubitril-valsartan): In contrast to BNP, NT-proBNP degradation is not inhibited by the drug so that NT-proBNP results are not increased by the mode of action of the drug.^{19,33,34} In patients treated with sacubitril-valsartan, rapid and sustained reduction of NT-proBNP levels has been observed, reflecting reduced wall stress³³ and benefits of the drug correlating with a lower rate of cardiovascular death and heart failure hospitalization.²⁰

NT-proBNP can be used before non-cardiac surgery to evaluate patients' perioperative cardiac risk.³⁵

In addition NT-proBNP can be used to identify patients at higher risk of cardiotoxicity which can lead to heart failure and may be helpful in monitoring the use and dosing of cardiotoxic tumor drugs^{1,36,37} or interventions causing fluid retention or volume overload (e.g. COX-2 inhibitors, nonsteroidal anti-inflammatory drugs).^{38,39,40,41,42,43,44,45}

In meta-analysis including 95617 patients without history of cardiovascular disease, NT-proBNP concentration strongly predicted first-onset heart failure and augmented chronic heart disease and stroke prediction, suggesting that NT-proBNP could serve as a biomarker in new therapeutic approaches that integrate heart failure into cardiovascular disease primary prevention.⁴⁶

The Elecsys proBNP II assay contains two monoclonal antibodies which recognize epitopes located in the N-terminal part (1-76) of proBNP (1-108).

The Elecsys proBNP II STAT assay was adapted to the Elecsys proBNP assay (first generation, REF 03121640122) with respect to analytical sensitivity, measuring range, standardization and recovery of proBNP in human samples.⁵⁹

Test principle

Sandwich principle. Total duration of assay: 9 minutes.

- During a 9 minutes incubation, antigen in the sample (15 μ L), a biotinylated monoclonal NT-proBNP-specific antibody, a monoclonal NT-proBNP-specific antibody labeled with a ruthenium complex⁶¹ and streptavidin-coated microparticles react to form a sandwich complex, which is bound to the solid phase.

- The reaction mixture is aspirated into the measuring cell where the microparticles are magnetically captured onto the surface of the electrode. Unbound substances are then removed with ProCell M. Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier.
- Results are determined via a calibration curve which is instrument-specifically generated by 2-point calibration and a master curve provided via the reagent barcode or e-barcode.

a) Tris(2,2'-bipyridyl)ruthenium(II)-complex (Ru(bpy)₃²⁺)

Reagents - working solutions

The reagent rackpack is labeled as PROBPNST.

- M Streptavidin-coated microparticles (transparent cap), 1 bottle, 6.5 mL:
Streptavidin-coated microparticles 0.72 mg/mL; preservative.
- R1 Anti-NT-proBNP-Ab~biotin (gray cap), 1 bottle, 9 mL:
Biotinylated monoclonal anti-NT-proBNP antibody (mouse)
1.1 µg/mL; phosphate buffer 40 mmol/L, pH 5.8; preservative.
- R2 Anti-NT-proBNP-Ab~Ru(bpy)₃²⁺ (black cap), 1 bottle, 9 mL:
Monoclonal anti-NT-proBNP antibody (sheep) labeled with ruthenium complex 1.1 µg/mL; phosphate buffer 40 mmol/L, pH 5.8; preservative.

Precautions and warnings

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents.

Disposal of all waste material should be in accordance with local guidelines. Safety data sheet available for professional user on request.

This kit contains components classified as follows in accordance with the Regulation (EC) No. 1272/2008:

2-methyl-2H-isothiazol-3-one hydrochloride

EUH 208 May produce an allergic reaction.

Product safety labeling follows EU GHS guidance.

Avoid foam formation in all reagents and sample types (specimens, calibrators and controls).

Reagent handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is read in from the respective reagent barcodes.

Storage and stability

Store at 2-8 °C.

Do not freeze.

Store the Elecsys reagent kit **upright** in order to ensure complete availability of the microparticles during automatic mixing prior to use.

Stability:	
unopened at 2-8 °C	up to the stated expiration date
after opening at 2-8 °C	12 weeks
on the analyzers	8 weeks

Specimen collection and preparation

Only the specimens listed below were tested and found acceptable.

Serum collected using standard sampling tubes or tubes containing separating gel.

Li-heparin, K₂-EDTA and K₃-EDTA plasma.

Plasma tubes containing separating gel can be used.

Criterion: Slope 0.9-1.1 + intercept within $\leq \pm 10$ pg/mL + coefficient of correlation ≥ 0.95 .

Stable for 3 days at 20-25 °C, 6 days at 2-8 °C, 24 months at -20 °C (± 5 °C). Freeze only once.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Centrifuge samples containing precipitates before performing the assay.

Do not use samples and controls stabilized with azide.

Ensure the samples, calibrators and controls are at 20-25 °C prior to measurement.

Due to possible evaporation effects, samples, calibrators and controls on the analyzers should be analyzed/measured within 2 hours.

Materials provided

See "Reagents – working solutions" section for reagents.

Materials required (but not provided)

- [REF] 05390117190, proBNP II STAT CalSet, for 4 x 1.0 mL
 - [REF] 04917049190, PreciControl Cardiac II, for 4 x 2.0 mL
 - [REF] 11732277122, Diluent Universal, 2 x 16 mL sample diluent or [REF] 03183971122, Diluent Universal, 2 x 36 mL sample diluent
 - General laboratory equipment
 - **cobas e** analyzer
- Additional materials for **cobas e** 601 and **cobas e** 602 analyzers:
- [REF] 04880340190, ProCell M, 2 x 2 L system buffer
 - [REF] 04880293190, CleanCell M, 2 x 2 L measuring cell cleaning solution
 - [REF] 03023141001, PC/CC-Cups, 12 cups to prewarm ProCell M and CleanCell M before use
 - [REF] 03005712190, ProbeWash M, 12 x 70 mL cleaning solution for run finalization and rinsing during reagent change
 - [REF] 03004899190, PreClean M, 5 x 600 mL detection cleaning solution
 - [REF] 12102137001, AssayTip/AssayCup, 48 magazines x 84 reaction cups or pipette tips, waste bags
 - [REF] 03023150001, WasteLiner, waste bags
 - [REF] 03027651001, SysClean Adapter M
 - [REF] 11298500316, ISE Cleaning Solution/Elecsys SysClean, 5 x 100 mL system cleaning solution

Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

Resuspension of the microparticles takes place automatically prior to use. Read in the test-specific parameters via the reagent barcode. If in exceptional cases the barcode cannot be read, enter the 15-digit sequence of numbers.

PreClean M solution is necessary.

Bring the cooled reagents to approximately 20 °C and place on the reagent disk (20 °C) of the analyzer. Avoid foam formation. The system automatically regulates the temperature of the reagents and the opening/closing of the bottles.

Calibration

Traceability: This method has been standardized against the Elecsys proBNP II assay ([REF] 04842464190).

Every Elecsys reagent set has a barcoded label containing specific information for calibration of the particular reagent lot. The predefined master curve is adapted to the analyzer using the relevant CalSet.

Calibration frequency: Calibration must be performed once per reagent lot using fresh reagent (i.e. not more than 24 hours since the reagent kit was registered on the analyzer).

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Renewed calibration is recommended as follows:

- after 12 weeks when using the same reagent lot
- after 7 days when using the same reagent kit on the analyzer
- as required: e.g. quality control findings outside the defined limits

Quality control

For quality control, use PreciControl Cardiac II.

In addition, other suitable control material can be used.

Controls for the various concentration ranges should be run individually at least once every 24 hours when the test is in use, once per reagent kit, and following each calibration.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

If necessary, repeat the measurement of the samples concerned.

Follow the applicable government regulations and local guidelines for quality control.

Calculation

The analyzer automatically calculates the analyte concentration of each sample (either in pmol/L or pg/mL).

Conversion factors: pmol/L x 8.457 = pg/mL

pg/mL x 0.118 = pmol/L

Limitations - interference

The effect of the following endogenous substances and pharmaceutical compounds on assay performance was tested. Interferences were tested up to the listed concentrations and no impact on results was observed.

Endogenous substances

Compound	Concentration tested
Bilirubin	≤ 428 μmol/L or ≤ 25 mg/dL
Hemoglobin	≤ 0.621 mmol/L or ≤ 1000 mg/dL
Intralipid	≤ 1500 mg/dL
Biotin	≤ 123 nmol/L or ≤ 30 ng/mL
Rheumatoid factors	≤ 1500 IU/mL
IgG	≤ 6.0 g/dL
IgA	≤ 1.6 g/dL
IgM	≤ 1.0 g/dL

Criterion: Recovery of ± 20 % of initial value ≤ 100 pg/mL and ± 10 % of initial value > 100 pg/mL.

Samples should not be taken from patients receiving therapy with high biotin doses (i.e. > 5 mg/day) until at least 8 hours following the last biotin administration.

There is no high-dose hook effect at NT-proBNP concentrations up to 35400 pmol/L (300000 pg/mL).

In vitro tests were performed on 51 commonly used pharmaceuticals. No interference with the assay was found.

In rare cases, interference due to extremely high titers of antibodies to analyte-specific antibodies, streptavidin or ruthenium can occur. These effects are minimized by suitable test design.

In extremely rare cases (global incidence: < 1 in 10 million), patients may show discrepant results when tested with the assay kit (values < Limit of Detection) due to a NT-proBNP genetic variant.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

Limits and ranges

Measuring range

5-35000 pg/mL or 0.6-4130 pmol/L (defined by the Limit of Detection and the maximum of the master curve). Values below the Limit of Detection are reported as < 5 pg/mL (< 0.6 pmol/L). Values above the measuring range are reported as > 35000 pg/mL (> 4130 pmol/L) or up to 70000 pg/mL (8260 pmol/L) for 2-fold diluted samples.

Lower limits of measurement

Limit of Detection

Limit of Detection: 5 pg/mL (0.6 pmol/L)

The Limit of Detection was determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A requirements.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low concentration samples. The Limit of Detection corresponds to the lowest analyte concentration which can be detected (value above the Limit of Blank with a probability of 95 %).

Dilution

Samples with NT-proBNP concentrations above the measuring range can be diluted with Diluent Universal. The recommended dilution is 1:2 (either automatically by the analyzers or manually). The concentration of the diluted sample must be > 1770 pmol/L or > 15000 pg/mL.

After manual dilution, multiply the result by the dilution factor.

After dilution by the analyzers, the software automatically takes the dilution into account when calculating the sample concentration.

Dilutions of up to 1:10 may entail maximum deviations of 25 % from the theoretical value.

Clinical data

Some of the following clinical data was obtained using the Elecsys proBNP assay (first generation, REF 03121640122). All data sets established with the first test generation are marked with an index ⁵⁹.

Interpretation of NT-proBNP values

With increasing age atherosclerosis and aging processes of the heart (e.g. fibrosis) result in cardiac dysfunction. Development of cardiac dysfunction is individually different and clinically asymptomatic in its early stages.^{47,48}

NT-proBNP levels reflect cardiac function or dysfunction respectively. With increasing age elevated levels of NT-proBNP are more frequently found in apparently healthy individuals, thus reflecting the increasing frequency of cardiac dysfunction.

NT-proBNP values need to be interpreted in conjunction with the medical history, clinical findings and other information (e.g. imaging, laboratory findings, accompanying disorders, treatment effects).

Expected values

NT-proBNP concentrations in the reference group are shown in the following tables.

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

Reference group

The circulating NT-proBNP concentration was determined in samples from 4266 subjects aged between 35 and 74 years, enrolled into the Gutenberg Health Study in Germany.⁴⁹ These individuals had no prevalent cardiovascular diseases such as former history of stroke, myocardial infarction, coronary artery disease, peripheral artery disease, chronic heart failure or atrial fibrillation. The descriptive statistics for NT-proBNP (pg/mL) in the reference group are shown in the following table:

Age (years)	Men				Women			
	Median	95 th percentile	97.5 th percentile	99 th percentile	Median	95 th percentile	97.5 th percentile	99 th percentile
35-44	18.9	90.8	115	137	59.9	202	237	311
45-54	23.5	121	173	273	63.8	226	284	395
55-64	47.4	262	386	920	81.8	284	352	417
65-74	89.3	486	879	2346	133	470	623	784
All	35.6	238	344	703	78.6	304	389	509

The circulating NT-proBNP concentration was also determined in samples from 2812 subjects aged between 20 and above 70 years, enrolled in a cardiovascular health screening program at a tertiary medical center in Taipei, Taiwan.⁵⁰ These individuals had no known cardiovascular or systemic co-morbidities, and no structural heart diseases. The descriptive statistics for NT-proBNP (pg/mL) in the reference group are shown in the following table:

Age (years)	Men (N=1836)				Women (N=976)			
	N	Median	25 th percentile	75 th percentile	N	Median	25 th percentile	75 th percentile
20-29	48	9	5	19.7	33	30.1	10.3	41.9
30-39	369	13.5	5	29.7	153	34.9	20.8	60.4
40-49	708	17	7.8	32.4	346	40.1	18.9	62.5
50-59	558	22.8	11.6	42.6	310	44.4	27.3	64.7
60-69	130	31.5	16.6	59.1	112	61.7	30.8	85.2
≥70	23	66.1	34.2	106.6	22	77.5	46.3	123.0

Furthermore, NT-proBNP concentration was also determined in the pediatric population aged between 1 and 18 with values ranging between 112 and 370 ng/L (97.5th percentile).^{51,59}

Recommended cutoffs in patients for diagnosis of chronic heart failure in non-acute onset⁵⁹

A number of studies and ESC guidelines support a decision threshold for NT-proBNP of 125 pg/mL in non-acute onset for the diagnosis of heart failure.^{1,3,52,53,54,55,56} NT-proBNP values < 125 pg/mL exclude cardiac dysfunction with a high level of certainty in patients with symptoms suggestive of heart failure e.g. dyspnea. NT-proBNP values > 125 pg/mL may indicate cardiac dysfunction and are associated with an increased risk of cardiac complications (myocardial infarction, heart failure, death). At the cut-off value, ESC Guidelines state that natriuretic peptides have a very high negative predictive value (NPV) comprised between 94 % and 98.0 % and a positive predictive value (PPV) comprised between 44 % and 57 %.¹

Patients with stable heart failure (n = 721) including patients with asymptomatic left ventricular dysfunction (n = 176) and patients with congestive heart failure (n = 545) were compared to a reference group (n = 2264).

ROC plot analysis at the cutoff value of 125 pg/mL showed a sensitivity of 90.01 % and a specificity of 93.11 %.

Correlation of NT-proBNP with NYHA classification in patients diagnosed with chronic heart failure⁵⁹

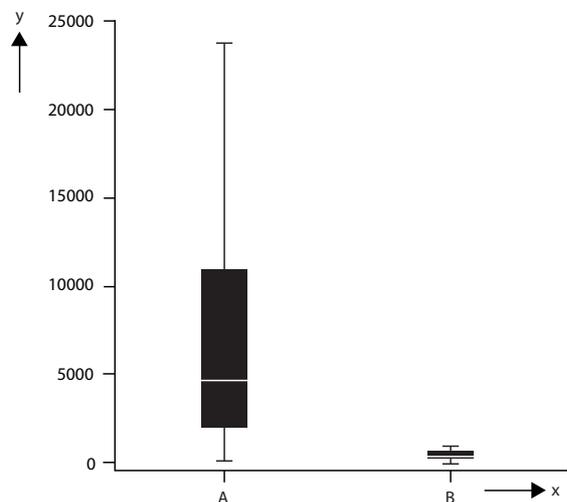
NT-proBNP values (pg/mL) for patients with restricted left ventricular ejection fraction (majority under therapy).

	NYHA functional class			
	NYHA I	NYHA II	NYHA III	NYHA IV
N	182	250	234	35
Mean	1016	1666	3029	3465
SD	1951	2035	4600	4453
Median	342	951	1571	1707
5 th percentile	32.9	103	126	148
95 th percentile	3410	6567	10449	12188
% > 125 pg/mL	78.6	94.0	95.3	97.1

Recommended cutoffs in patients for diagnosis of chronic heart failure in acute onset

ICON (International Collaborative of NT-proBNP) study^{10,59}

NT-proBNP concentrations were determined in samples from 1256 patients presenting with acute shortness of breath to emergency departments at four hospitals. This population included patients with a prior history of hypertension, coronary artery disease, myocardial infarction, heart failure, or pulmonary disease. 720 subjects were found to be suffering from acute exacerbation of heart failure, while the remainder were determined to present dyspnea due to other causes. The descriptive statistics for NT-proBNP concentrations (pg/mL) for both groups are shown in the following figure adapted from the ICON study:¹⁰



X --> A: Acute CHF (n = 720); B: Not acute CHF (n = 536)

Y --> NT-proBNP (pg/mL)

Diagnostic category	Median (IQR) NT-proBNP, pg/mL
Acute CHF	4639 (1882–10818)
Not Acute CHF	108 (37-381)

By using the optimal cutoffs established by the ICON study group and shown in the table below, physicians can increase the specificity and accuracy for diagnosing heart failure in patients presenting acute dyspnea in the emergent setting.

Category	Optimal cut-point pg/mL	Sensitivity %	Specificity %	PPV %	NPV %	Accuracy %
<i>Rule in cut-point</i>						
< 50 years (n = 184)	450	97	93	76	99	94

Category	Optimal cut-point pg/mL	Sensitivity %	Specificity %	PPV %	NPV %	Accuracy %
50-75 years (n = 537)	900	90	82	83	88	85
> 75 years (n = 535)	1800	85	73	92	55	83
Rule out cut-point						
All patients (n=1256)	300	99	60	77	98	83

Performance of NT-proBNP for diagnosis of acute heart failure in an Asian compared with a Western setting⁵⁷

NT-proBNP concentrations were determined in samples from patients presenting with acute shortness of breath to emergency departments in Singapore (n = 606) and in New Zealand (n = 500). This population included patients with a prior history of hypertension, hyperlipidemia, coronary artery disease, myocardial infarction, heart failure, or pulmonary disease. NT-proBNP concentration in patients with final adjudicated diagnosis of acute heart failure was 4234 [2008-9799] pg/mL in Singapore (median [25-75th percentile], n = 148) and 4429 [2123-9479] pg/mL in New Zealand (n = 180).

The diagnostic performance of NT-proBNP at the cutoffs established in the ICON Study¹⁰ are shown in the table below for both populations:

Category	Optimal cut-point pg/mL	Sensitivity %	Specificity %	PPV %	NPV %	Accuracy %
Rule in cut-point						
< 50 years						
Singapore (n=196)	450	100	91	58	100	92
New Zealand (n=41)		86	76	43	96	78
50-75 years						
Singapore (n=350)	900	88	83	68	95	85
New Zealand (n=236)		91	75	58	96	80
>75 years						
Singapore (n=60)	1800	79	81	73	85	80
New Zealand (n=223)		87	63	69	84	75
Rule out cut-point						
All patients						
Singapore (n=606)	300	97	73	54	99	79
New Zealand (n=500)		97	42	49	96	62

Specific performance data

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

Precision

Precision was determined using Elecsys reagents, pooled human sera and controls in a protocol (EP5-A2) of the CLSI (Clinical and Laboratory Standards Institute): 2 runs per day in duplicate each for 21 days (n = 84). The following results were obtained:

cobas e 601 and cobas e 602 analyzers	Repeatability				
	Mean		SD		CV
Sample	pg/mL	pmol/L	pg/mL	pmol/L	%
Human serum 1	59.3	7.00	2.10	0.248	3.5
Human serum 2	142	16.8	2.88	0.340	2.0
Human serum 3	422	49.8	7.57	0.893	1.8
Human serum 4	935	110	17.57	2.08	1.9
Human serum 5	6552	773	133	15.7	2.0
PC CARDII ^b 1	130	15.34	3.09	3.32	2.4
PC CARDII2	4942	583	108	12.7	2.2

b) PC CARDII = PreciControl Cardiac II

cobas e 601 and cobas e 602 analyzers	Intermediate precision				
	Mean		SD		CV
Sample	pg/mL	pmol/L	pg/mL	pmol/L	%
Human serum 1	59.3	7.00	2.10	0.248	3.5
Human serum 2	142	16.8	3.57	0.421	2.5
Human serum 3	422	49.8	8.56	1.01	2.0
Human serum 4	935	110	23.0	2.71	2.5
Human serum 5	6552	773	153	18.0	2.3
PC CARDII1	130	15.34	3.21	0.379	2.5
PC CARDII2	4942	583	126	14.9	2.6

Method comparison

A comparison of the Elecsys proBNP II STAT assay, [REF] 05390109190 (y) with the Elecsys proBNP II assay [REF] 04842464190 (x) using clinical samples gave the following correlations (pg/mL):

Number of samples measured: 132

Passing/Bablok ⁵⁸	Linear regression
$y = 0.957x - 8.03$	$y = 0.968x - 13.97$
$r = 0.989$	$r = 0.999$

The sample concentrations were between approximately 6 and 32800 pg/mL (approximately 0.7 and 3870 pmol/L).

Analytical specificity

The Elecsys proBNP II STAT assay does not show any significant cross reactions with the following substances, tested with NT-proBNP concentrations of approximately 230 pg/mL and 2300 pg/mL (max. tested concentration):

Cross-reactant	Concentration tested
Adrenomedullin	1.0 ng/mL
Aldosterone	0.6 ng/mL
Angiotensin I	0.6 ng/mL
Angiotensin II	0.6 ng/mL
Angiotensin III	1.0 ng/mL
ANP ₂₈	3.1 µg/mL

Cross-reactant	Concentration tested
Arg-vasopressin	1.0 ng/mL
BNP ₃₂	3.5 µg/mL
CNP ₂₂	2.2 µg/mL
Endothelin	20 pg/mL
NT-proANP ₁₋₃₀ (preproANP ₂₆₋₅₅)	3.5 µg/mL
NT-proANP ₃₁₋₆₇ (preproANP ₅₆₋₉₂)	1.0 ng/mL
NT-proANP ₇₉₋₉₈ (preproANP ₁₀₄₋₁₂₃)	1.0 ng/mL
Renin	50 ng/mL
Urodilatin	3.5 µg/mL

Functional sensitivity

50 pg/mL (5.9 pmol/L)

The functional sensitivity is the lowest analyte concentration that can be reproducibly measured with an intermediate precision CV of 20 %.

References

- Ponikowski P, Voors AA, Anker SD, et al. 2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure. *Eur J Heart Fail* 2016;18(8):891-975.
- Yancy CW, Jessup M, Bozkurt B, et al. 2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology. Foundation/American Heart Association Task Force on practice guidelines. *Circulation* 2013 15;128(16):1810-1852.
- Rutten FH, Taylor CJ, Judith R, et al. Practical Guidance on Heart Failure Diagnosis and Management in Primary Care. European Primary Care Cardiovascular Society | Version 22-09-2016. <http://www.epccs.eu/bestanden/b8695636106717584158253-EPCCS-2016-HF-Diagnosis-webversion.pdf>
- Mueller T, Gegenhuber A, Poelz W, et al. Head-to-head comparison of the diagnostic utility of BNP and NT-proBNP in symptomatic and asymptomatic structural heart disease. *Clin Chim Acta* 2004;341:41-48.
- McGrady M, Reid CM, Shiel L, et al. NT-proB natriuretic peptide, risk factors and asymptomatic left ventricular dysfunction: results of the SCReening Evaluation of the Evolution of New Heart Failure study (SCREEN-HF). *Int J of Card* 2013;169(2):133-138.
- Costello-Boerrigter LC, Boerrigter G, Redfield MM, et al. Amino-terminal pro-B-type natriuretic peptide and B-type natriuretic peptide in the general community: determinants and detection of left ventricular dysfunction. *J Am Coll Cardiol* 2006;47(2):345-353.
- O'Donoghue M, Chen A, Baggish AL, et al. The effects of ejection fraction on N-terminal ProBNP and BNP levels in patients with acute CHF: analysis from the ProBNP Investigation of Dyspnea in the Emergency Department (PRIDE) study. *Journ of Card Fail* 2005;11(5):9-14.
- Mureddu GF, Tarantini L, Agabiti N, et al. Evaluation of different strategies for identifying asymptomatic left ventricular dysfunction and pre-clinical (stage B) heart failure in the elderly. Results from 'PREDICTOR', a population based-study in central Italy *European Journal of Heart Failure* 2013;15:1102-1112.
- Hunt PJ, Richards AM, Nicholls MG, et al. Immunoreactive amino terminal pro-brain natriuretic peptide (NT-PROBNP): a new marker of cardiac impairment. *Clin Endocrinol* 1997;47(3):287-296.
- Januzzi JL, van Kimmenade R, Lainchbury J, et al. NT-proBNP testing for diagnosis and short-term prognosis in acute destabilized heart failure: an international pooled analysis of 1256 patients The International Collaborative of NT-proBNP Study *Euro Heart Journ* 2006;27(3):330-337.
- Richards AM, Nicholls GM, Yandle TG, et al. Plasma N-Terminal Pro-Brain Natriuretic Peptide and Adrenomedullin: New Neurohormonal Predictors of Left Ventricular Function and Prognosis After Myocardial Infarction. *Circulation* 1998;97:1921-1929.
- Galvani M, Ferrini D, Ottani F. Natriuretic peptides for risk stratification of patients with acute coronary syndromes. *Eur J Heart Fail* 2004;6:327-333.
- Nørgaard BL, Terkelsen CJ, Riiskjaer M, et al. Risk prediction in acute coronary syndrome from serial in-hospital measurements of N-terminal pro-B-type natriuretic peptide. *Acute Card Care* 2008;10:159-166.
- Dallmeier D, Pencina MJ, Rajman I, et al. Serial measurements of N-terminal pro-brain natriuretic peptide in patients with coronary heart disease. *PLoS One* 2015;28;10(1):e0117143.
- James SK, Lindahl B, Siegbahn A, et al. NT proBNP and other Risk Markers for the Separate Prediction of Mortality and Subsequent Myocardial Infarction in Patients with Unstable Coronary Artery Disease. GUSTO IV Substudy. *Circulation* 2003;108:275-281.
- Bettencourt P, Azevedo A, Pimenta J, et al. N-Terminal-Pro-Brain Natriuretic Peptide Predicts Outcome After Hospital Discharge in. *Circulation* 2004;110(15):2168-2174.
- Masson S, Latini R, Anand IS, et al. Prognostic value of changes in N-terminal pro-brain natriuretic peptide in Val-HeFT (Valsartan Heart Failure Trial). *J Am Coll Cardiol* 2008;16;52(12):997-1003.
- Januzzi JL, Throughton R. Are Serial BNP Measurements Useful in Heart Failure Management? Serial Natriuretic Peptide Measurements Are Useful in Heart Failure Management. *Circulation* 2013;127:500-508.
- Mair J, Lindahl B, Giannitsis E, et al. Will sacubitril-valsartan diminish the clinical utility of B-type natriuretic peptide testing in acute cardiac care? 2016 12. *Eur Heart J Acute Cardiovasc Care*.
- Zile MR, Claggett BL, Prescott MF, et al. Prognostic Implications of changes in N-Terminal Pro-B-Type Natriuretic Peptide in Patients With Heart Failure. *J Am Coll Cardiol* 2016;68:2425-2436.
- De Bold AJ. Atrial Natriuretic Factor: A Hormone Produced by the Heart. *Science* 1985;230:767-770.
- Valli N, Gobinet A, Bordenave L. Review of 10 years of the clinical use of brain natriuretic peptide in cardiology. *J Lab Clin Med* 1999;134:437-444.
- Clerico A, Passino C, Franzini M, et al. Cardiac biomarker testing in the clinical laboratory: Where do we stand? General overview of the methodology with special emphasis on natriuretic peptides. *Clin Chimica Acta* 2015;443:17-24.
- De Bold AJ, Boerenstein HB, Veress AT, et al. A rapid and potent natriuretic response to intravenous injection of atrial extracts in rats. *Life Sci* 1981;28:89-94.
- Epstein M, Loutzenhiser R, Friedland E, et al. Relationship of Increased Plasma Atrial Natriuretic Factor and Renal Sodium Handling During Immersion-induced Central Hypervolemia in Normal Humans. *J Clin Invest* 1987;79:738-745.
- Eurlings Lw, Sanders-van Wijk S, van Kraaij DJ, et al. Risk stratification with the use of serial N-terminal pro-B-type natriuretic peptide measurements during admission and early after discharge in heart failure patients: post hoc analysis of the PRIMA study. *J Card Fail* 2014;20(12):881-890.
- Salah K, Kok WE, Eurlings LW, et al. A novel discharge risk model for patients hospitalised for acute decompensated heart failure incorporating N-terminal pro-B-type natriuretic peptide levels: a European coLLaboration on Acute decompensated Heart Failure: ELAN-HF Score. *Heart* 2014;100(2):115-125.
- Stienen S, Salah K, Dickhoff C, et al. N-Terminal Pro-B-Type Natriuretic Peptide (NT-proBNP) Measurements Until a 30% Reduction Is Attained During Acute Decompensated Heart Failure Admissions and Comparison With Discharge NT-proBNP Levels: Implications for In-Hospital Guidance of Treatment. *J Card Fail* 2015;21(11):930-934.
- Stienen S, Salah K, Eurlings LW, et al. Challenging the two concepts in determining the appropriate pre-discharge N-terminal pro-brain natriuretic peptide treatment target in acute decompensated heart failure patients: absolute or relative discharge levels? *Eur J Heart Fail* 2015;17(9):936-944.
- Savarese G, Musella F, D'Amore C, et al. Changes of natriuretic peptides predict hospital admissions in patients with chronic heart failure: a meta-analysis. *JACC Heart Fail* 2014;2(2):148-158.
- Sargento L, Satendra M, Longo S, et al. Early NT-proBNP decrease with ivabradine in ambulatory patients with systolic heart failure. *Clin Cardiol*. 2013;36(11):677-682.

32 Masson S, Latini R, Anand IS, et al. Direct comparison of B-type natriuretic peptide (BNP) and amino-terminal proBNP in a large population of patients with chronic and symptomatic heart failure: the Valsartan Heart Failure (Val-HeFT) data. *Clin Chem* 2006;52:1528–1538.

33 Packer M, McMurray JJV, Desai Akshay S. et al. Angiotensin Receptor Nephilysin Inhibition Compared With Enalapril on the Risk of Clinical Progression in Surviving Patients With Heart Failure. *Circulation* 2015;6;131(1):54-61.

34 Solomon SD, Zile M, Pieske B. et al. The angiotensin receptor neprilysin inhibitor LCZ696 in heart failure with preserved ejection fraction: a phase 2 double-blind randomised controlled trial. *Lancet* 2012;380:1387-1395.

35 Duceppe E, Parlow J, MacDonald P, et al. Canadian cardiovascular society guidelines on perioperative cardiac risk assessment and management for patients undergoing noncardiac surgery. *Canadian Journal of Cardiology* 2016;10.1016/j.cjca.2016.09.008.

36 Colombo A, Cardinale D. Using cardiac biomarkers and treating cardiotoxicity in cancer. *Future Cardiol* 2013;9(1):105-118. doi:10.2217/fca.12.73.Review.

37 Hall PS, Harshman LC, Srinivas S, et al. The frequency and severity of cardiovascular toxicity from targeted therapy in advanced renal cell carcinoma patients. *JACC Heart Fail* 2013;1:72-78.

38 Brune K, Katus HA, Moecks J, et al. N-terminal pro-B-type natriuretic peptide concentrations predict the risk of cardiovascular adverse events from antiinflammatory drugs: apilot trial. *Clin Chem* 2008;54(7):1149-1157.

39 Bojunga J, Sarrazin J, Hess G, et al. Elevated plasma levels of Nterminal pro-brain natriuretic peptide in patients with chronic hepatitis C during interferon-based antiviral therapy. *World J Gastroenterol* 2006;12(36):5875-5877.

40 Slordal L, Spigset O. Heart failure induced by non-cardiac drugs. *Drug safety* 2006;29(7):567-586.

41 Giannitsis E. Rationale for testing the cardiovascular risk for patients with COX-2 inhibitors on the basis of biomarker NT-proBNP. *Clin Lab* 2005;51(1-2):63-83.

42 Häupl T, Burmester GR, Giannitsis E, et al. N-terminal prohormone brain natriuretic peptide: a biomarker for detecting cardiovascular risks in patients with rheumatoid arthritis or osteoarthritis? *Ann Rheum Dis* 2007;66(6):838-839.

43 European Patent 1577673 assigned to F. Hoffmann-LaRoche AG and Roche Diagnostics GmbH. The use of BNP-type peptides and ANPtype peptides for assessing the risk of suffering from a cardiovascular complication as a consequence of volume overload. Patent granted 30.07.2008.

44 European Patent 1849009 assigned to F. Hoffmann-LaRoche AG and Roche Diagnostics GmbH. The use of cardiac hormones for assessing the cardiovascular risk with respect to the administration of anti-inflammatory drugs. Patent granted 29.10.2008.

45 International patent application WO 2005/124364 assigned to F. Hoffmann-LaRoche AG and Roche Diagnostics GmbH. The use of cardiac hormones for diagnosing the risk of suffering from a cardiovascular complication as a consequence of cardiotoxic medication.

46 Natriuretic Peptides Studies Collaboration. Natriuretic peptides and integrated risk assessment for cardiovascular disease: an individual-participant-data meta-analysis. *Lancet Diabetes Endocrinol.* 2016;4(10):840-849.

47 Cowie MR, Jourdain P, Maisel A, et al. Clinical applications of B-type natriuretic peptide (BNP) testing. *Eur Heart J* 2003;24,1710-1718.

48 Nielsen LS, Svanegaard J, Klitgaard NA, et al. N-terminal pro-brain natriuretic peptide for discriminating between cardiac and non-cardiac dyspnea. *Eur J Heart Fail* 2004;6:63-70.

49 Tzikas S, Keller T, Wild PS, et al. Midregional pro-atrial natriuretic peptide in the general population/insights from the Gutenberg Health Study. *Clin Chem Lab Med.* 2013;51(5):1125-33.

50 Liao JN, Chao TF, Kuo JY, et al. Age, sex and blood pressure-related influences on reference values of left atrial deformation and mechanics from a large-scale Asian population. *Circ Cardiovasc Imaging.* 2017;10(10):e006077.

51 Albers S, Mir TS, Haddad M, et al. N-Terminal pro-brain natriuretic peptide: normal ranges in the pediatric population including method comparison and interlaboratory variability. *Clin Chem Lab Med* 2006;44(1):80-85.

52 Al-Barjas M, Nair D, Morris R, et al. How can the role of N terminal pro B Natriuretic Peptide (NT-proBNP) be optimised in heart failure screening? A prospective observational comparative study. *Eur J Heart Fail* 2004;3:51 Supplement 1.

53 Gustafsson F, Badskjær J, Hansen F, et al. Value of N-Terminal proBNP in the Diagnosis of Left Ventricular Systolic Dysfunction in Primary Care Patients Referred for Echocardiography. *Heart Drug* 2003;3:141-146.

54 Zaphiriou A, et al. The diagnostic accuracy of plasma BNP and NT-proBNP in patients referred from primary care with suspected heart failure: results of the UK natriuretic peptide study.

55 Gustafsson F, et al. Diagnostic and prognostic performance of N-terminal ProBNP in primary care patients with suspected heart failure. *J Card Fail.* 2005 Jun;11(5 Suppl):S15-20.

56 Taylor CJ, et al. Primary care REFerral for Echocardiogram (REFER) in heart failure: a diagnostic accuracy study. *Br J Gen Pract.* 2017 Feb;67(655):e94-e102.

57 Ibrahim I, Kuan WS, Frampton C, et al. Superior performance of N-terminal pro brain natriuretic peptide for diagnosis of acute decompensated heart failure in an Asian compared with a Western setting. *Eur J Heart Fail.* 2017 feb;19(2):209-217.

58 Bablok W, Passing H, Bender R, et al. A general regression procedure for method transformation. Application of linear regression procedures for method comparison studies in clinical chemistry, Part III. *J Clin Chem Clin Biochem* 1988 Nov;26(11):783-790.

59 Data established with the Elecsys proBNP assay (first generation, REF 03121640122).

For further information, please refer to the appropriate operator's manual for the analyzer concerned, the respective application sheets, the product information and the Method Sheets of all necessary components (if available in your country).

A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see dialog.roche.com for definition of symbols used):

	Contents of kit
	Analyzers/Instruments on which reagents can be used
	Reagent
	Calibrator
	Volume after reconstitution or mixing
	Global Trade Item Number

COBAS, COBAS E, ELECSYS and PRECICONTROL are trademarks of Roche. INTRALIPID is a trademark of Fresenius Kabi AB.

All other product names and trademarks are the property of their respective owners.

Additions, deletions or changes are indicated by a change bar in the margin.

© 2019, Roche Diagnostics

Roche Diagnostics GmbH, Sandhofer Strasse 116, D-68305 Mannheim
www.roche.com

