

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

<sup>Pr</sup>**ESBRIET**<sup>®</sup>

Pirfenidone

Hard capsules, 267 mg, For oral use

Film coated tablets, 267 mg and 801 mg, For oral use

Anti-fibrotic/Anti-inflammatory Agent

Hoffmann-La Roche Limited  
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Mississauga, Ontario, Canada  
L5N 5M8

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## RECENT MAJOR LABEL CHANGES

4 Dosage and Administration, 4.2 Recommended Dose and Dosage Adjustment	[11/2023]
7 Warnings and Precautions	[11/2023]

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## PART I: HEALTH PROFESSIONAL INFORMATION

### 1 INDICATIONS

ESBRIET® (pirfenidone) is indicated for treatment of idiopathic pulmonary fibrosis (IPF) in adults.

#### 1.1. Pediatrics

Pediatrics (<18 years of age): The safety and effectiveness of ESBRIET in pediatric patients have not been established.

#### 1.2. Geriatrics

No dose adjustment is necessary in patients 65 years and older (see 10 [CLINICAL PHARMACOLOGY](#)).

### 2 CONTRAINDICATIONS

- Hypersensitivity to this drug or to any ingredient in the formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see 6 [DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING](#) section of the product monograph.
- History of angioedema with pirfenidone (see 7 [WARNINGS AND PRECAUTIONS](#)).
- Concomitant use of fluvoxamine (see 7 [WARNINGS AND PRECAUTIONS](#) and 9 [DRUG INTERACTIONS](#)).
- Severe hepatic impairment or end-stage liver disease (see 7 [WARNINGS AND PRECAUTIONS](#)).
- Severe renal impairment (CrCl <30 mL/min) or end stage renal disease requiring dialysis (see 7 [WARNINGS AND PRECAUTIONS](#)).

### 3 SERIOUS WARNINGS AND PRECAUTIONS BOX

#### Drug Interactions with Inhibitors of CYP1A2 and Other CYP Isoenzymes

##### Fluvoxamine

ESBRIET is contraindicated in patients with concomitant use of fluvoxamine (a strong inhibitor of CYP1A2 with inhibitory effects on CYP2C9, 2C19, and 2D6). Fluvoxamine should be discontinued prior to the initiation of treatment with ESBRIET and avoided during ESBRIET therapy due to the potential for reduced clearance of pirfenidone (see 2 [CONTRAINDICATIONS](#) and 9 [DRUG INTERACTIONS](#)).

##### Ciprofloxacin

Co-administration of ESBRIET and 750 mg of ciprofloxacin (a moderate and selective inhibitor of CYP1A2) increased the exposure to pirfenidone by 81%. If ciprofloxacin at the dose of 750 mg twice daily (a total daily dose of 1500 mg) cannot be avoided, the dose of ESBRIET should be reduced to 1602 mg daily (a dose of 534 mg, three times a day). ESBRIET should be used with caution when ciprofloxacin is used at a total daily dose of 250 to 1000 mg (see 4 [DOSAGE AND ADMINISTRATION](#) and 9 [DRUG INTERACTIONS](#)).

### **Strong and Selective Inhibitors of CYP1A2**

*In vitro-in vivo* extrapolations indicate that strong and selective inhibitors of CYP1A2 have the potential to increase the exposure to pirfenidone by approximately 2 to 4-fold. If concomitant use of ESBRIET with a strong and selective inhibitor of CYP1A2 cannot be avoided, the dose of ESBRIET should be reduced to 801 mg daily (267 mg, three times a day). Patients should be closely monitored for emergence of adverse reactions associated with ESBRIET therapy. Discontinue ESBRIET if necessary (see 4 [DOSAGE AND ADMINISTRATION](#) and 9 [DRUG INTERACTIONS](#)).

### **Other CYP1A2 Inhibitors**

Agents or combinations of agents that are moderate to strong inhibitors of both CYP1A2 and one or more other CYP isoenzymes involved in the metabolism of pirfenidone (i.e., CYP2C9, 2C19, 2D6, and 2E1) should be avoided during ESBRIET treatment. ESBRIET should be used with caution in patients treated with moderate inhibitors of CYP1A2 that do not inhibit other CYP isoenzymes (see 9 [DRUG INTERACTIONS](#)).

## **4 DOSAGE AND ADMINISTRATION**

### **4.1. Dosing Considerations**

- Treatment with ESBRIET should be initiated and supervised by specialist physicians experienced in the diagnosis and treatment of IPF.
- ESBRIET should be taken with food (see 9 [DRUG INTERACTIONS](#)).
- ESBRIET should not be taken concomitantly with fluvoxamine (see 2 [CONTRAINDICATIONS](#), 7 [WARNINGS AND PRECAUTIONS](#) and 9 [DRUG INTERACTIONS](#)).
- Reduction of the ESBRIET dose may be required for ciprofloxacin and strong but selective inhibitors of CYP1A2 (see 7 [WARNINGS AND PRECAUTIONS](#) and 9 [DRUG INTERACTIONS](#)).

### **4.2. Recommended Dose and Dosage Adjustment**

#### Adults

The recommended daily dose of ESBRIET for patients with IPF is 801 mg three times a day with food, for a total dose of 2403 mg/day.

Upon initiating treatment, the dose should be titrated to the recommended daily dose of 2403 mg/ day over a 14-day period to improve tolerability as follows:

Days 1 to 7: a dose of 267 mg administered, three times a day (801 mg/day) with food

Days 8 to 14: a dose of 534 mg administered, three times a day (1602 mg/day) with food

Day 15 onward: a dose of 801 mg administered, three times a day (2403 mg/day) with food

Doses above 2403 mg/day are not recommended for any patient (see 5 [OVERDOSAGE](#)).

Patients who miss 14 consecutive days or more of ESBRIET treatment should re-initiate therapy by undergoing the initial 2 week titration regimen up to the recommended daily dose.

If treatment is interrupted for less than 14 consecutive days, the dose can be resumed at the previous recommended daily dose without titration.

### Dose Adjustments

**Gastrointestinal Events:** In patients who experience intolerance to therapy due to gastrointestinal side effects, patients should be reminded to take ESBRIET with food. If gastrointestinal events do not improve, or worsen in severity, dose reduction or discontinuation of ESBRIET may be warranted. The dose of ESBRIET may be reduced to 267 mg – 534 mg, two to three times a day with food with re-escalation to the recommended daily dose as tolerated.

**Photosensitivity Reaction or Rash:** Patients who experience a mild to moderate photosensitivity reaction or rash should be reminded to use a sunblock daily and to avoid exposure to the sun. The dose of ESBRIET may be reduced to 801 mg each day. If the rash persists after 7 days, ESBRIET should be discontinued for 15 days, with re-escalation to the recommended daily dose in the same manner as the dose escalation period.

Patients who experience severe photosensitivity reaction or rash should be instructed to discontinue ESBRIET promptly and to seek medical advice without delay (see 7 [WARNINGS AND PRECAUTIONS](#)). Once the rash has resolved, ESBRIET may be re-introduced and re-escalated up to the recommended daily dose at the discretion of the physician.

**Ciprofloxacin:** Co-administration of ESBRIET and 750 mg of ciprofloxacin (a moderate and selective inhibitor of CYP1A2) increased the exposure to pirfenidone by 81%. If ciprofloxacin at the dose of 750 mg twice daily (a total daily dose of 1500 mg) cannot be avoided, the dose of ESBRIET should be reduced to 1602 mg daily (a dose of 534 mg, three times a day). ESBRIET should be used with caution when ciprofloxacin is used at a total daily dose of 250 to 1000 mg (see 7 [WARNINGS AND PRECAUTIONS](#) and 9 [DRUG INTERACTIONS](#)).

**Geriatrics:** No dose adjustment is necessary in patients 65 years and older.

**Pediatrics:** ESBRIET has not been studied in pediatric patients, and is not recommended for use in this patient population.

**Hepatic Impairment:** No dose adjustment is necessary in patients with mild to moderate hepatic impairment (i.e., Child-Pugh Class A and B). However, since plasma levels of pirfenidone may be increased in individuals with moderate hepatic impairment (around 60% increase in Child-Pugh Class B), patients should be monitored closely for signs of toxicity especially if they are concomitantly taking a known CYP1A2 inhibitor (see 9 [DRUG INTERACTIONS](#)). ESBRIET should not be used in patients with severe hepatic impairment or end-stage liver disease (see 2 [CONTRAINDICATIONS](#)). Liver chemistry tests (ALT, AST, bilirubin) should be monitored before and during treatment with ESBRIET. Dose adjustments, including discontinuation, may be necessary in the event of elevations in ALT, AST, and/or bilirubin (see 7 [WARNINGS AND PRECAUTIONS](#), and see below for dose adjustments).

### Recommendations in Case of ALT, AST, Bilirubin Elevations

If a patient exhibits a Grade 2 ALT and/or AST elevation to  $>3$  to  $<5 \times$  ULN without hyperbilirubinaemia after starting treatment with ESBRIET at the recommended dose of 2403 mg/day, or any time after

starting therapy, other causes should be excluded, and the patient monitored closely. Discontinuation of other medicines associated with liver toxicity should be considered. If clinically appropriate, the dose of ESBRIET should be reduced or interrupted. Once ALT and AST levels have resolved, ESBRIET may be re-escalated to the recommended daily dose and continued, if tolerated and the patient should be monitored closely.

If a patient exhibits any ALT and/or AST elevation to  $>3$  to  $<5 \times$  ULN accompanied by clinical signs or symptoms indicative of liver injury or accompanied by hyperbilirubinaemia (excluding patients with known predominantly unconjugated hyperbilirubinaemia, e.g., Gilbert's syndrome), ESBRIET should be discontinued promptly. The patient should be monitored closely until resolution of elevated ALT, AST, bilirubin, and symptoms. The patient should NOT be re-challenged with ESBRIET.

If a patient exhibits ALT and/or AST elevation to  $\geq 5 \times$  ULN regardless of the level of serum bilirubin, ESBRIET should be discontinued promptly and the patient monitored closely until resolution of elevated ALT, AST, and bilirubin. The patient should NOT be re-challenged with ESBRIET.

**Renal Impairment:** No dose adjustment is necessary in patients with mild to moderate renal impairment. ESBRIET should not be used in patients with severe renal impairment or end-stage renal disease requiring dialysis (CrCl  $<30$  mL/min, per Cockcroft-Gault equation) (see 2 [CONTRAINDICATIONS](#)).

**Severe cutaneous adverse reactions (SCARs):** If patients experience severe cutaneous adverse reactions (SCARs), consider immediate withdrawal of ESBRIET to allow for resolution of symptoms. If a SCAR is confirmed, Esbriet must not be restarted and should be permanently discontinued.

#### 4.3. Reconstitution

Not applicable.

#### 4.4. Administration

ESBRIET is to be swallowed whole with water and taken with food to reduce the possibility of nausea or dizziness.

#### 4.5. Missed Dose

If a dose is missed, the next dose should be taken as originally planned. Double doses should not be taken to make up for forgotten doses. If doses are missed for more than 14 days, ESBRIET treatment should be re-initiated by undergoing the initial 2 week titration regimen up to the recommended daily dose.

## 5 OVERDOSAGE

In studies PIPF-004 and PIPF-006, an overdose was defined as any study drug exposure of greater than 15 capsules ( $>4005$  mg) in any given day or greater than 5 capsules ( $>1335$  mg) in any single dose. No patients met the definition of overdose in these studies. There is therefore, limited clinical experience with overdose. Multiple doses of pirfenidone up to a total dose of 4806 mg/day were administered as six 267 mg capsules three times daily to healthy adult volunteers over a 12-day dose escalation period. Adverse reactions were generally consistent with the most frequently reported adverse reactions for pirfenidone.

There is no specific antidote. In the event of a suspected overdose, supportive medical care should be provided including monitoring of vital signs and close observation of the clinical status of the patient.

For management of a suspected drug overdose, contact your regional poison control centre.

## 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

**Table 1 Dosage Forms, Strengths, Composition and Packaging**

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
oral	capsule 267 mg Hard gelatin two-piece capsules have a white to off-white opaque body and white to off-white opaque cap imprinted with "PFD 267 mg" in brown ink and containing a white to pale yellow powder	Each capsule contains pirfenidone and the following non-medicinal ingredients: microcrystalline cellulose, croscarmellose sodium, povidone, and magnesium stearate. In addition, the capsule shell contains gelatin and titanium dioxide. The capsule brown printing ink includes shellac, iron oxide black, iron oxide red, iron oxide yellow, propylene glycol, ammonium hydroxide.
oral	tablet 267 mg tablet 801 mg Film-coated tablets are oval, biconvex, debossed with "PFD", containing 267 mg (yellow), and 801 mg (brown) pirfenidone	Each tablet contains pirfenidone and the following non-medicinal ingredients: colloidal anhydrous silica, croscarmellose sodium, iron oxide, macrogol (polyethylene glycol), magnesium stearate, microcrystalline cellulose, polyvinyl alcohol, povidone, talc, and titanium dioxide.

ESBRIET capsules are supplied in 250 mL white high-density polyethylene (HDPE) bottle with child-resistant closure containing 270 capsules, or in treatment packs as follows:

### 2-week treatment initiation pack

7 x PVC/PE/PCTFE aluminium foil blister strips, each containing 3 capsules (for the Week 1 dosing), packaged together with 7 x PVC/PE/PCTFE aluminium foil blister strips, each containing 6 capsules (for the Week 2 dosing), for a total of 63 capsules per pack.

ESBRIET tablets are supplied in HDPE bottle(s) with child-resistant closures in the following packaging formats:

### 267 mg

Carton containing one bottle with 21 tablets, 42 tablets or 270 tablets

### 801 mg

Carton containing one bottle with 90 tablets

## 7 WARNINGS AND PRECAUTIONS

Please see 3 [SERIOUS WARNINGS AND PRECAUTIONS BOX](#).

### General

Treatment with ESBRIET should be initiated and supervised by specialist physicians experienced in the diagnosis and treatment of IPF.

ESBRIET should be taken with food to reduce the incidence of dizziness or nausea.

Physicians should monitor patients as frequently as clinically indicated for toxicities and for any additional medication used to treat the patient (see 4 [DOSAGE AND ADMINISTRATION](#) and 9 [DRUG INTERACTIONS](#)). For significant side effects, the treatment of symptoms and dose reduction or discontinuation of ESBRIET should be considered.

### Carcinogenesis and Mutagenesis

Only animal data is available, see 16 [NON-CLINICAL TOXICOLOGY](#).

### Driving and Operating Machinery

ESBRIET may cause dizziness and fatigue, which could influence the ability to drive or use machines. Patients should be reminded to take ESBRIET with food to reduce the incidence of dizziness. Exercise caution when driving or operating a vehicle or potentially dangerous machinery.

### Fatigue

Fatigue has been reported in patients treated with ESBRIET. Therefore, patients should know how they react to ESBRIET before they engage in activities requiring mental alertness or coordination (e.g., driving or using machinery). If fatigue does not improve or if it worsens in severity, dose reduction or discontinuation of pirfenidone may be warranted.

### Gastrointestinal

Gastrointestinal events (e.g., nausea, diarrhoea, dyspepsia, vomiting) have been reported in patients treated with ESBRIET. Patients who experience gastrointestinal side effects should be reminded to take ESBRIET with food. If gastrointestinal events do not improve or worsen in severity, dose reduction or discontinuation of ESBRIET may be warranted (see 4 [DOSAGE AND ADMINISTRATION](#)).

### Hepatic/Biliary/Pancreatic

Drug-Induced Liver Injury (DILI) in the form of transient and clinically silent elevations in transaminases has been commonly reported in patients treated with ESBRIET. Uncommonly, these elevations were associated with concomitant bilirubin increases, and serious clinical consequences including isolated cases with fatal outcome have been reported post-marketing (see 8 [ADVERSE REACTIONS, Post-Market Adverse Reactions](#)). Liver chemistry tests (ALT, AST, and bilirubin) should be performed prior to the initiation of treatment with ESBRIET, and subsequently at monthly intervals for the first 6 months and then every 3 months thereafter. In addition, liver function tests should be promptly measured in patients who report symptoms that may indicate liver injury, including fatigue, anorexia, right upper abdominal discomfort, dark urine, or jaundice. In the event of elevations of ALT and/or AST, or clinical signs and symptoms of liver injury, the dose of ESBRIET may need to be reduced or treatment discontinued (see 7 [WARNINGS AND PRECAUTIONS, Monitoring and Laboratory Tests](#) and 4 [DOSAGE AND ADMINISTRATION, Recommendations in Case of ALT, AST, Bilirubin Elevations](#)).

In patients with moderate hepatic impairment (i.e., Child-Pugh Class B), ESBRIET exposure was increased by 60%. ESBRIET should be used with caution in patients with pre-existing mild to moderate hepatic impairment (i.e., Child-Pugh Class A and B) given the potential for increased ESBRIET exposure. Patients should be monitored closely for signs of toxicity especially if they are concomitantly taking a known CYP1A2 inhibitor (see 9 [DRUG INTERACTIONS](#) and 10 [CLINICAL PHARMACOLOGY](#)). ESBRIET has not been studied in individuals with severe hepatic impairment. ESBRIET should not be used in patients with severe hepatic impairment or end-stage liver disease (see 2 [CONTRAINDICATIONS](#)).

## **Immune**

### **Angioedema**

Reports of angioedema (some serious) such as swelling of the face, lips and/or tongue which may be associated with difficulty breathing or wheezing have been received in association with use of ESBRIET in the post-marketing setting. Therefore, patients who develop signs or symptoms of angioedema following administration of ESBRIET should immediately discontinue treatment. Patients with angioedema should be managed according to standard of care. ESBRIET should not be used in patients with a history of angioedema due to ESBRIET (see 2 [CONTRAINDICATIONS](#)).

### **Monitoring and Laboratory Tests**

Liver chemistry tests (ALT, AST and bilirubin) should be performed prior to the initiation of treatment with ESBRIET, and subsequently at monthly intervals for the first 6 months and then every 3 months thereafter. In addition, liver function tests should be promptly measured in patients who report symptoms that may indicate liver injury, including fatigue, anorexia, right upper abdominal discomfort, dark urine, or jaundice. In the event of elevation in ALT, AST and/or bilirubin or clinical signs and symptoms of liver injury, the dose of ESBRIET may need to be reduced or treatment discontinued (see 4 [DOSAGE AND ADMINISTRATION: Recommendations in case of elevations in ALT, AST, bilirubin](#)).

If a patient exhibits any ALT and/or AST elevation accompanied by clinical signs and symptoms of liver injury or accompanied by hyperbilirubinaemia, ESBRIET should be discontinued promptly. The patient should be monitored closely until resolution of elevated ALT, AST and bilirubin and symptoms. The patient should NOT be re-challenged with ESBRIET.

If a patient exhibits ALT and/or AST elevation to  $\geq 5 \times$  ULN regardless of the level of serum bilirubin, ESBRIET should be discontinued promptly and the patient monitored closely until resolution of ALT and AST. The patient should NOT be re-challenged with ESBRIET.

## **Neurologic**

### **Dizziness**

Dizziness has been reported in patients treated with ESBRIET. Therefore, patients should know how they react to ESBRIET before they engage in activities requiring mental alertness or coordination (e.g., driving or using machinery). Patients who experience intolerance to therapy due to dizziness should be reminded to take ESBRIET with food to reduce dizziness. If dizziness does not improve or worsens in severity, dose adjustment or discontinuation of ESBRIET may be warranted.

## **Renal**

ESBRIET should not be used in patients with severe renal impairment, or end-stage renal disease requiring dialysis (CrCl <30 mL/min, per Cockcroft-Gault equation) (see 2 [CONTRAINDICATIONS](#)). ESBRIET should be used with caution in patients with mild (CrCl 51-80 mL/min) and moderate renal impairment (CrCl 30-50 mL/min) (see 10 [CLINICAL PHARMACOLOGY](#)- Renal Insufficiency).

### **Reproductive Health: Female and Male Potential Fertility**

No adverse effects on fertility were observed in preclinical studies (see 16 [NON-CLINICAL TOXICOLOGY](#)).

### **Skin**

#### **Photosensitivity Reaction and Rash**

Photosensitivity reaction and rash have been reported in patients treated with ESBRIET. Patients treated with ESBRIET should be advised to avoid or minimize exposure to direct and indirect sunlight, including through windows and from sunlamps, and to avoid other medicinal products known to cause photosensitivity. Patients should be instructed to use daily an effective sun block (at least SPF 50 against UVA and UVB), and to wear clothing that protects against sun exposure such as wide-brimmed hats and long sleeves. Patients should be instructed to report promptly to their physician symptoms of photosensitivity reaction or rash. Severe photosensitivity reactions are uncommon. Dose reduction and temporary treatment discontinuation may be necessary in the event of photosensitivity reaction or rash. ESBRIET may be reintroduced with re-escalation to the tolerated dose in the same manner as the dose-escalation period (see 4 [DOSAGE AND ADMINISTRATION](#)).

#### **Severe Cutaneous Adverse Reactions**

Severe cutaneous adverse reactions (SCARs), including Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), and drug reaction with eosinophilia and systemic symptoms (DRESS), which can be life-threatening or fatal, have been reported post-marketing in association with the use of ESBRIET. If signs or symptoms of SCARs occur, ESBRIET should be withdrawn immediately. If the patient has developed SJS or TEN or DRESS with the use of ESBRIET, treatment with ESBRIET must not be restarted and should be permanently discontinued.

#### **Weight Loss**

Decreased appetite and weight loss have been reported in patients treated with ESBRIET. Physicians should monitor patients' weight, and when appropriate, encourage increased caloric intake if weight loss is considered to be of clinical significance.

## **7.1. Special Populations**

### **7.1.1. Pregnant Women**

ESBRIET has not been studied in pregnant women. In animals, placental transfer of pirfenidone and/or its metabolites to the foetus occurs with the potential for accumulation of pirfenidone and/or its metabolites in amniotic fluid.

At high doses ( $\geq 1000$  mg/kg/day) rats exhibited prolongation of gestation and reduction in foetal viability.

The use of ESBRIET should be avoided during pregnancy.

### **7.1.2. Breast-feeding**

It is unknown whether pirfenidone or its metabolites are excreted in human milk. Available pharmacokinetic data in animals have shown rapid excretion of pirfenidone and/or its metabolites in milk with the potential for accumulation of pirfenidone and/or its metabolites in milk (see 16 [NON-CLINICAL TOXICOLOGY](#)). A risk to the breast-fed child cannot be excluded.

A decision must be made whether to discontinue breast-feeding or to discontinue ESBRIET therapy, taking into account the benefits of breast-feeding for the child and of ESBRIET therapy for the mother.

### **7.1.3. Pediatrics**

Pediatrics (<18 years of age): The safety and effectiveness of ESBRIET in pediatric patients have not been established.

### **7.1.4. Geriatrics**

No dose adjustment is necessary in patients 65 years and older (see 10 [CLINICAL PHARMACOLOGY](#)).

## **8 ADVERSE REACTIONS**

### **8.1. Adverse Reaction Overview**

The safety of pirfenidone has been evaluated in more than 1400 subjects with over 170 subjects exposed to pirfenidone for more than 5 years in clinical trials.

The most common adverse reactions ( $\geq 10\%$ ) are nausea, rash, abdominal pain, upper respiratory tract infection, diarrhea, fatigue, headache, dyspepsia, dizziness, vomiting, decreased appetite, gastro-esophageal reflux disease, sinusitis, insomnia, weight decreased, and arthralgia.

At the recommended dosage of 2403 mg/day, 14.6% of patients on ESBRIET capsules compared to 9.6% on placebo permanently discontinued treatment because of an adverse event and 42.7% of patients on ESBRIET capsules compared to 16.2% on placebo had a dose interruption or reduction because of an adverse event. The most common ( $>1\%$ ) adverse reactions leading to discontinuation were rash and nausea. The most common ( $>3\%$ ) adverse reactions leading to dosage reduction or interruption were rash, nausea, diarrhea, and photosensitivity reaction.

### **8.2. Clinical Trial Adverse Reactions**

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

ESBRIET capsules was studied in 3 randomized, double-blind, placebo-controlled trials (Studies PIPF-016, PIPF-004 and PIPF-006) in which a total of 623 patients received 2403 mg/day of ESBRIET capsules and 624 patients received placebo. Subjects ages ranged from 40 to 80 years (mean age of 67 years).

Most patients were male (74%) and Caucasian (95%). The mean duration of exposure to ESBRIET capsules was 62 weeks (range: 2 to 118 weeks) in these 3 trials. Patients in these studies could elect to participate in an open-label extension study to examine the long-term safety of ESBRIET capsules (Study PIPF 012).

Table 2 below describes the related treatment-emergent adverse events occurring in  $\geq 3\%$  patients on ESBRIET capsules with a greater frequency than placebo in Studies PIPF-004, PIPF-006, and PIPF-016.

**Table 2 Adverse Events Occurring in  $\geq 3\%$  Patients on ESBRIET Capsules and with Greater Frequency than Placebo in Studies PIPF-004, and PIPF-006, and PIPF-016**

Adverse Events	Number of Patients, n (%)	
	Randomized Patient Subset Updated	
	Pirfenidone (N = 623)	Placebo (N = 624)
<b>Gastrointestinal Disorders</b>		
Nausea	225 (36.1)	97 (15.5)
Abdominal pain <sup>a</sup>	165 (26.5)	103 (16.5)
Diarrhoea	161 (25.8)	127 (20.4)
Dyspepsia	115 (18.5)	43 (6.9)
Vomiting	83 (13.3)	39 (6.3)
Gastro-oesophageal reflux disease	69 (11.1)	44 (7.1)
Dry mouth	19 (3.0)	17 (2.7)
<b>General Disorders and Administration Site Conditions</b>		
Fatigue	162 (26.0)	119 (19.1)
Asthenia	40 (6.4)	24 (3.8)
Non-cardiac chest pain	32 (5.1)	25 (4.0)
<b>Infections and Infestations</b>		
Upper respiratory tract infection	167 (26.8)	158 (25.3)
Sinusitis	68 (10.9)	64 (10.3)
Influenza	41 (6.6)	38 (6.1)
Gastroenteritis viral	29 (4.7)	17 (2.7)
Rhinitis	20 (3.2)	19 (3.0)
<b>Injury, Poisoning And Procedural Complications</b>		
Sunburn	23 (3.7)	11 (1.8)
<b>Investigations</b>		
Weight decreased	63 (10.1)	34 (5.4)
Gamma-Glutamyltransferase increased	24 (3.9)	11 (1.8)

Adverse Events	Number of Patients, n (%)	
	Randomized Patient Subset Updated	
	Pirfenidone (N = 623)	Placebo (N = 624)
Alanine Aminotransferase increased	20 (3.2)	9 (1.4)
<b>Metabolism and Nutrition Disorders</b>		
Decreased appetite	129 (20.7.0)	50 (8.0)
<b>Musculoskeletal and Connective Tissue Disorders</b>		
Arthralgia	62 (10.0)	44 (7.1)
Musculoskeletal Pain	24 (3.9)	22 (3.5)
Musculoskeletal Chest Pain	19 (3.0)	7 (1.1)
<b>Nervous System Disorders</b>		
Headache	137 (22.0)	120 (19.2)
Dizziness	112 (18.0)	71 (11.4)
Dysgeusia	36 (5.8)	14 (2.2)
Somnolence	22 (3.5)	18 (2.9)
<b>Psychiatric Disorders</b>		
Insomnia	65 (10.4)	41 (6.6)
<b>Respiratory, Thoracic and Mediastinal Disorders</b>		
Pharyngolaryngeal Pain	38 (6.1)	36 (5.8)
Epistaxis	22 (3.5)	21 (3.4)
Respiratory Tract Congestion	21 (3.4)	12 (1.9)
<b>Skin and Subcutaneous Tissue Disorders</b>		
Rash	189 (30.3)	64 (10.3)
Photosensitivity Reaction	58 (9.3)	7 (1.1)
Pruritus	49 (7.9)	33 (5.3)
Erythema	25 (4.0)	16 (2.6)
Dry Skin	21 (3.4)	11 (1.8)
<b>Vascular Disorders</b>		
Hot Flush	25 (4.0)	14 (2.2)
Hypertension	20 (3.2)	17 (2.7)

<sup>a</sup> Includes abdominal pain, upper abdominal pain, abdominal distension, abdominal discomfort, and stomach discomfort.

### **Demographic Factors**

No effect was seen between adverse events and sex (male versus female), age (<65 versus ≥65 years), or Baseline IPF severity (FVC <70% predicted versus FVC 70% to 80% predicted versus FVC ≥80% predicted) within the ESBRIET group. No effect also was seen for race (white versus non-white); however, there were only 65 non-white patients in the three predominantly North American Phase III

studies combined.

### **Dose-Response Relationship (PIPF-004 and PIPF-006)**

Study PIPF-004 included a group receiving a lower dose of ESBRIET (1197 mg/day) than the marketed dose of 2403 mg/day. Adverse drug reaction rates in the lower dose ESBRIET group were intermediate to the ESBRIET 2403 mg/day and placebo groups for a number of the more frequently occurring adverse drug reactions including nausea, dyspepsia, abdominal pain, decreased appetite, dizziness, headache, photosensitivity reaction and rash.

### **Adverse Drug Reactions in SP3**

The safety analysis in the randomized, double-blind Phase III study (SP3) conducted in Japan included 109 patients who were treated with 1800 mg/day pirfenidone. This dose is comparable to the 2403 mg/day dose administered in studies PIPF-004 and PIPF-006 on a weight-normalized basis to account for the heavier body weight of the mostly North American patients in PIPF-004 and PIPF-006. In study SP3, 107 patients received placebo, and 55 patients received pirfenidone 1200 mg/day, for approximately 52 weeks. The adverse drug reaction profile for pirfenidone in the Japanese study, SP3, was generally similar to that observed with ESBRIET in studies PIPF-004 and PIPF-006 (primarily North American patients), with the exception of a higher incidence of photosensitivity reaction (51.4%) and a lower incidence of rash (9.2%) in patients on 1800 mg/day in the Japanese study. However, no photosensitivity reaction or rash was serious, severe, or life-threatening. The incidence of serious adverse drug reactions was 9.2% in the pirfenidone 1800 mg/day group and 5.6% in the placebo group.

### **Adverse Drug Reactions in Long-Term Studies**

Study PIPF-012 was an uncontrolled, open-label extension, long-term, safety study which allowed patients who completed PIPF-004 and PIPF-006 to continue on pirfenidone treatment at 2403 mg/day or switch to pirfenidone 2403 mg/day from placebo treatment. A total of 603 patients were enrolled in Study PIPF-012. The mean duration of pirfenidone 2403 mg/day treatment in Study PIPF-012 was 27.5 weeks. The adverse drug reaction profile resulting from an interim analysis was similar to that observed in the Phase III trials and previous trials. No new safety signals or trends were observed.

#### **8.2.1. Clinical Trial Adverse Reactions - Pediatrics**

Not applicable.

#### **8.3. Less Common Clinical Trial Adverse Reactions**

Not applicable.

##### **8.3.1. Less Common Clinical Trial Adverse Reactions - Pediatrics**

Not applicable.

#### **8.4. Abnormal Laboratory Findings: Hematologic, Clinical Chemistry and Other Quantitative Data**

##### **Clinical Trial Findings**

In studies PIPF 004 and PIPF 006, haematology and urinalysis parameters were similar between patients taking ESBRIET and placebo. Serum chemistry parameters were also similar across the groups with the exception of gamma glutamyl transferase (GGT) and creatinine. A mean increase at 72 weeks from Baseline in GGT level of 7.6 U/L was observed in the ESBRIET group while no change was seen in the placebo group. A mean decrease at 72 weeks from Baseline of 5.6 µmol/L in serum creatinine was

observed in the ESBRIET group, compared with a mean decrease of 1.1  $\mu\text{mol/L}$  in the placebo group. Few patients experienced shifts from Grade 0, 1, or 2 to Grade 3 or 4 in laboratory tests in the studies and across treatment groups. There was an imbalance between ESBRIET and placebo groups for shifts in hyponatraemia, hypophosphataemia and lymphopaenia, which were more frequent in the ESBRIET group.

Marked laboratory abnormalities in pooled data from studies PIPF-004, PIPF-006, and PIPF-016 occurred infrequently ( $\leq 1\%$  per treatment group) and with no greater frequency in the ESBRIET group than in the placebo group, with the following exceptions in liver tests, lymphocytes, and hyponatremia. Patients treated with ESBRIET 2403 mg/day had a higher incidence of elevations in ALT or AST  $\geq 3 \times \text{ULN}$  than placebo patients (3.7% vs. 0.8%, respectively). Elevations  $\geq 10 \times \text{ULN}$  in ALT or AST occurred in 0.3% of patients in the ESBRIET 2403 mg/day group and in 0.2% of patients in the placebo group. Grade 0 to 3 reductions in lymphocyte count were seen in 6 ESBRIET patients (1.0%) and in 1 placebo patient (0.2%). One ESBRIET patient (0.2%) had a post-Baseline Grade 4 lymphocyte abnormality at Week 4, which was resolved at Week 6, Grade 2 at Weeks 12, 24, and 36, and resolved thereafter. Lymphocyte abnormalities were not associated with AEs. Grade 0 to 3 sodium (hyponatremia) abnormalities were reported in 9 ESBRIET patients (1.5%) and 1 placebo patient (0.2%).

## 8.5. Post-Market Adverse Reactions

Because post-marketing reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

In post-marketing experience in Japan many of the adverse events reported during post-approval use of pirfenidone (marketed as Pirespa) are consistent with the clinical trial experience with ESBRIET. These events include: abdominal discomfort, constipation, diarrhoea, dyspepsia, nausea, vomiting, ALT increased, AST increased, GGT increased, decreased appetite, dizziness, dysgeusia, somnolence, photosensitivity reaction, pruritus, rash.

The serious and unexpected adverse events include, but are not limited to, the following:

**Blood and Lymphatic Disorders:** Agranulocytosis, febrile neutropaenia, anaemia

**Cardiac Disorders:** Atrial fibrillation, palpitations, angina pectoris, ventricular tachycardia

**Gastrointestinal Disorders:** Gastric ulcer haemorrhage, gastritis, ileus

**Metabolism and Nutrition Disorders:** Dehydration, hyperkalaemia

**General Disorders and Administration Site Condition:** Pyrexia

**Hepatobiliary Disorders:** Bilirubin increased in combination with increases of ALT and AST, hepatic function abnormal, liver disorder, clinically relevant Drug-Induced Liver Injury ( uncommon) including isolated reports with fatal outcome

**Immune System:** Angioedema

**Infections and Infestations:** Bronchopulmonary aspergillosis, pneumonia, pneumonia bacterial, urinary tract infection

**Investigations:** C-reactive protein increased, hepatic enzyme increased, platelet count decreased, blood urea increased, renal impairment

**Respiratory, Thoracic and Mediastinal Disorders:** Lung disorder, pneumonitis, pneumothorax

**Skin and Subcutaneous Tissue Disorders:** Severe Cutaneous Adverse Reactions (SCARs) including Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), and drug reaction with eosinophilia and systemic symptoms (DRESS)

## 9 DRUG INTERACTIONS

### 9.1. Serious Drug Interactions

#### Drug-Interactions with Inhibitors of CYP1A2 and Other CYP Isoenzymes

##### Fluvoxamine

ESBRIET is contraindicated in patients with concomitant use of fluvoxamine (a strong inhibitor of CYP1A2 with inhibitory effects on CYP2C9, 2C19, and 2D6). Fluvoxamine should be discontinued prior to the initiation of treatment with ESBRIET and avoided during ESBRIET therapy due to the potential for reduced clearance of pirfenidone (see 2 [CONTRAINDICATIONS](#)).

##### Ciprofloxacin

Co-administration of ESBRIET and 750 mg of ciprofloxacin (a moderate and selective inhibitor of CYP1A2) increased the exposure to pirfenidone by 81%. If ciprofloxacin at the dose of 750 mg twice daily (a total daily dose of 1500 mg) cannot be avoided, the dose of ESBRIET should be reduced to 1602 mg daily (a dose of 534 mg, three times a day). ESBRIET should be used with caution when ciprofloxacin is used at a total daily dose of 250 to 1000 mg (see 7 [WARNINGS AND PRECAUTIONS](#) and 4 [DOSAGE AND ADMINISTRATION](#)).

##### Strong and Selective Inhibitors of CYP1A2

*In vitro-in vivo* extrapolations indicate that strong and selective inhibitors of CYP1A2 have the potential to increase the exposure to pirfenidone by approximately 2 to 4-fold. If concomitant use of ESBRIET with a strong and selective inhibitor of CYP1A2 cannot be avoided, the dose of ESBRIET should be reduced to 801 mg daily (267 mg, three times a day). Patients should be closely monitored for emergence of adverse reactions associated with ESBRIET therapy. Discontinue ESBRIET if necessary (see 7 [WARNINGS AND PRECAUTIONS](#) and 4 [DOSAGE AND ADMINISTRATION](#)).

##### Other CYP1A2 Inhibitors

Agents or combinations of agents that are moderate to strong inhibitors of both CYP1A2 and one or more other CYP isoenzymes involved in the metabolism of pirfenidone (i.e., CYP2C9, 2C19, 2D6, and 2E1) should be avoided during ESBRIET treatment. ESBRIET should be used with caution in patients treated with moderate inhibitors of CYP1A2 that do not inhibit other CYP isoenzymes.

## 9.2. Drug Interactions Overview

Pirfenidone is primarily metabolized via CYP1A2 with minor contributions from other CYP isoenzymes including CYP2C9, 2C19, 2D6, and 2E1.

Patients should discontinue and avoid use of strong inhibitors of CYP1A2 due to the potential for reduced clearance of pirfenidone (see [Table 3](#)).

Patients should discontinue and avoid use of strong inducers of CYP1A2 to avoid reduced exposure to pirfenidone (see [Table 3](#)).

## 9.3. Drug-Behavioural Interactions

**Cigarette Smoking and Inducers of CYP1A2:** Cigarette smoking induces hepatic enzyme production, including CYP1A2, and thus may increase clearance of ESBRIET leading to reduced exposure. Patients should stop smoking before, and not smoke during ESBRIET therapy to avoid reduced exposure to pirfenidone. In a Phase I study the exposure to pirfenidone in smokers was significantly less than in non-smokers. Cigarette smoking should be avoided during ESBRIET therapy to prevent reduced exposure to pirfenidone.

## 9.4. Drug-Drug Interactions

In a Phase I study, the co-administration of ESBRIET and fluvoxamine (a strong inhibitor of CYP1A2 with inhibitory effects on other CYP isoenzymes [CYP2C9, 2C19, and 2D6]) resulted in an approximately 4-fold increase in exposure to pirfenidone in non-smokers.

*The drugs listed in this table are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e. those identified as contraindicated)*

**Table 3 Established or Potential Drug-Drug Interactions**

	Ref.	Effect	Clinical Comment
<b>CYP1A2 Inhibitors</b>			
<u>CYP1A2, 2C9, 2C19, 2D6:</u> Fluvoxamine	CT	↑4× AUC <sub>0-∞</sub> , ↑2× C <sub>max</sub> Increased exposure (and reduced clearance)	Concomitant therapy is contraindicated (see 7 <a href="#">WARNINGS AND PRECAUTIONS</a> ).
<u>CYP1A2:</u> Ciprofloxacin	CT	↑81% AUC <sub>0-∞</sub> , ↑23% C <sub>max</sub> Increased exposure (and reduced clearance)	Concomitant therapy should be used with caution. Dose reductions may be needed (see 7 <a href="#">WARNINGS AND PRECAUTIONS</a> and 4 <a href="#">DOSAGE AND ADMINISTRATION</a> ).
<u>CYP1A2:</u> Methoxsalen Mexiletine Oral contraceptives	T	↑AUC <sub>0-∞</sub> , ↑C <sub>max</sub> Potential for increased exposure (and reduced clearance)	Concomitant therapy should be used with caution.
<b>Inhibitors of Other CYPs when Administered with CYP1A2 Inhibitors</b>			

	Ref.	Effect	Clinical Comment
<u>CYP2C9</u> : Amiodarone Miconazole	T	↑AUC <sub>0-∞</sub> , ↑C <sub>max</sub> Potential for increased exposure (and reduced clearance)	Concomitant therapy with these agents and moderate-strong CYP1A2 inhibitors (listed above) should be discontinued and avoided.
<u>CYP2C19</u> : Fluconazole Esomeprazole Moclobemide Omeprazole Voriconazole	T	↑AUC <sub>0-∞</sub> , ↑C <sub>max</sub> Potential for increased exposure (and reduced clearance)	Concomitant therapy with these agents and moderate-strong CYP1A2 inhibitors (listed above) should be discontinued and avoided.
<u>CYP2D6</u> : Bupropion Fluoxetine Paroxetine Quinidine Cinacalcet Duloxetine Terbinafine	T	↑AUC <sub>0-∞</sub> , ↑C <sub>max</sub> Potential for increased exposure (and reduced clearance)	Concomitant therapy with these agents and moderate-strong CYP1A2 inhibitors (listed above) should be discontinued and avoided.
<b>CYP Inducers</b>			
<u>CYP1A2</u> : Phenytoin	T	↓AUC <sub>0-∞</sub> , ↓C <sub>max</sub> Potential for reduced exposure	Concomitant therapy should be discontinued and avoided.
<u>CYP2C9</u> : Carbamazepine Rifampin	T	↓AUC <sub>0-∞</sub> , ↓C <sub>max</sub> Potential for reduced exposure	Concomitant therapy should be discontinued and avoided.
<u>CYP2C9, 2C19</u> : Rifampin	T	↓AUC <sub>0-∞</sub> , ↓C <sub>max</sub> Potential for reduced exposure	Concomitant therapy should be discontinued and avoided.
Legend: CT = Clinical Trial; T = Theoretical			

## 9.5. Drug-Food Interactions

Administration of ESBRIET capsules with food results in a large reduction in C<sub>max</sub> (by approximately 50%) and a smaller reduction in AUC, compared to the fasted state. Following oral administration of a single dose of 801 mg to healthy older adult volunteers (50–66 years of age) in the fed state, the rate of pirfenidone absorption slowed, while the AUC in the fed state was approximately 80 to 85% of the AUC observed in the fasted state. Less nausea and dizziness were observed in fed when compared with fasted subjects.

Therefore, ESBRIET should be administered with food to reduce the incidence of dizziness or nausea (see 4 [DOSAGE AND ADMINISTRATION: Dosing Considerations](#)).

A comparative bioavailability study was done to compare the new tablet formulation to the original capsule formulation. The effect of food on pirfenidone exposure was consistent between the tablet and capsule formulations (see 14 [CLINICAL TRIALS](#)).

Consumption of grapefruit juice is associated with inhibition of CYP1A2 and should be avoided during treatment with ESBRIET to prevent increased exposure to ESBRIET.

## 9.6. Drug-Herb Interactions

Interactions with herbal products have not been established.

## 9.7. Drug-Laboratory Test Interactions

Interactions with laboratory tests have not been established.

# 10 CLINICAL PHARMACOLOGY

## 10.1. Mechanism of Action

The mechanisms of action of pirfenidone have not been fully established. However, existing data suggest that pirfenidone exerts anti-fibrotic and anti-inflammatory properties in a variety of *in vitro* systems and animal models of pulmonary fibrosis (e.g., bleomycin- and transplant-induced fibrosis).

IPF is a chronic fibrotic and inflammatory pulmonary disease affected by the synthesis and release of pro-inflammatory cytokines including tumour necrosis factor-alpha (TNF- $\alpha$ ) and interleukin-1-beta (IL-1 $\beta$ ). Pirfenidone attenuates fibroblast proliferation, production of fibrosis-associated proteins and cytokines, and the increased biosynthesis and accumulation of extracellular matrix in response to cytokine growth factors such as transforming growth factor-beta (TGF- $\beta$ ) and platelet-derived growth factor (PDGF). Pirfenidone has been shown to reduce the accumulation of inflammatory cells in response to various stimuli.

## 10.2. Pharmacodynamics

An observed dose-response relationship favouring a dose of 2403 mg/day pirfenidone compared with 1197 mg/day pirfenidone was observed in a Phase III randomized, double-blind, placebo-controlled study (PIPF-004). A PK-PD evaluation of a subset of these patients showed a weak positive relationship between pirfenidone plasma exposure and the primary endpoint of FVC change.

A double-blind, randomized, placebo- and active-controlled parallel arm study was performed to determine the impact of two doses of pirfenidone capsules (2403 mg/day & 4005 mg/day) on QT interval in healthy human volunteers (40/treatment arm). ECG assessments were performed at baseline and on day 10 of treatment. There was no evidence of a treatment-related effect on the QTc interval at either of the tested doses. Statistically significant increases in heart rate were observed, with maximum increases of 3.8 bpm (90% CI 1.7, 5.9) in the pirfenidone 2403 mg/day group and 4.9 bpm (90% CI 2.5, 7.4) in the pirfenidone 4005 mg/day group.

### 10.3. Pharmacokinetics

**Table 4** Arithmetic Mean (Range) Pirfenidone Pharmacokinetic Parameters in Patients with IPF

	N	C <sub>max</sub> (µg/mL)	AUC <sup>a</sup> (mg•h/L)	T <sub>max</sub> (h)
IPF patients (PIPF-004)	57	14.7 (6.48–33.6)	180 (85.6–544)	not measured

a: AUC<sub>0-24</sub> estimates reflect three doses of 801 mg administered over the 24 hour period at steady-state

#### **Absorption:**

The absolute bioavailability of pirfenidone has not been determined in humans.

Administration of pirfenidone capsules with food results in a large reduction in C<sub>max</sub> (by around 50%) and a smaller reduction of AUC, compared to the fasted state. Following oral administration of a single dose of 801 mg to healthy older adult volunteers (50 to 66 years of age) in the fed state, the rate of pirfenidone absorption slowed, while the AUC in the fed state was approximately 80 to 85% of the AUC observed in the fasted state.

A comparative bioavailability study was done to compare the new tablet formulation to the original capsule formulation. Bioequivalence was demonstrated in both, the fasting and fed states when comparing the 801 mg tablet to three 267 mg capsules. The effect of food on pirfenidone exposure was consistent between the tablet and capsule formulations (see 14 [CLINICAL TRIALS](#)).

Following oral administration of a single dose of 801 mg of pirfenidone either as 3 x 267 mg capsules or 1 x 801 mg tablet in healthy adult volunteers, reduced incidences of adverse events (in particular nausea and dizziness) were observed in fed subjects when compared to the fasted group in a controlled setting (studies PIPF-005 and GP29830). Therefore, ESBRIET should be administered with food to reduce the incidence of dizziness or nausea (see 4 [DOSAGE AND ADMINISTRATION: Dosing Considerations](#)).

#### **Distribution:**

Pirfenidone binds to human plasma proteins, primarily to albumin. The overall mean binding ranged from 50% to 58% at concentrations observed in clinical studies (1 to 100 µg/mL). Mean apparent oral steady-state volume of distribution is approximately 70 L, indicating that pirfenidone distribution to tissues is modest.

#### **Metabolism:**

Pirfenidone is primarily metabolized via CYP1A2 (approximately 70–80%) with minor contributions from other CYP isoenzymes including CYP2C9, 2C19, 2D6, and 2E1. *In vitro* and *in vivo* studies to date have not detected any activity of the major metabolite, 5-carboxy-pirfenidone.

The clearance of oral pirfenidone appears modestly saturable. In a multiple-dose, dose-ranging study in healthy older adults administered doses ranging from 267 mg to 1335 mg three times a day, the mean clearance decreased by approximately 25% above a dose of 801 mg three times a day. The concentration-dependence of pirfenidone clearance did not appear to translate into a lack of dose proportionality in the Phase III trial and is not likely to be clinically relevant.

Pirfenidone was converted to 5-hydroxymethyl-pirfenidone and 5-carboxy-pirfenidone by NADPH-fortified human liver microsomes. The result of experiments with human recombinant CYP enzymes implicated several CYP enzymes such as CYP1A2, 2C9, 2C19, 2D6, and 2E1 in the metabolism of pirfenidone. However, the results of the antibody inhibition experiments and correlation analysis suggest that CYP1A2 is the major CYP enzyme responsible for the conversion of pirfenidone to 5-hydroxymethyl-pirfenidone and 5-carboxy-pirfenidone in human liver microsomes. The overall results indicate CYP1A2 as the major CYP involved in the metabolism, however, results from experiments with human recombinant CYP enzymes and correlation analysis indicate that other CYP enzymes participate in the overall metabolism of pirfenidone.

Pirfenidone was found not to significantly inhibit CYP or MAO enzymes. However under one experimental condition examined using human liver microsomes, pirfenidone caused direct inhibition of CYP1A2, CYP2A6, CYP2D6 and CYP2E1, as approximately 34%, 27%, 21% and 27% inhibition was observed at 1000  $\mu$ M. As well, CYP enzymes are not influenced by 5-carboxy-pirfenidone and only mildly influenced by pirfenidone (at 250  $\mu$ M).

## Elimination

Following single dose administration of pirfenidone in healthy older adults, the mean apparent terminal elimination half-life was approximately 2.4 hours. Approximately 80% of an orally administered dose of pirfenidone is cleared in the urine within 24 hours of dosing. The majority of pirfenidone is excreted as the 5-carboxy-pirfenidone metabolite (>95% of that recovered), with less than 1% of pirfenidone excreted unchanged in urine.

## Special Populations and Conditions

Population pharmacokinetic analyses were conducted, using data collected from four studies in healthy subjects or patients with renal impairment and one study in patients with IPF. Results showed no clinically relevant effects of age, gender or body size on the pharmacokinetics of pirfenidone.

- **Pediatrics:** The safety and effectiveness of ESBRIET in pediatric patients have not been established.
- **Geriatrics:** The independent effect of patient age on the PK of pirfenidone is relatively small (the predicted AUC for pirfenidone was approximately 23% higher in 80 year old compared to 50 year old patients) and unlikely to be clinically significant.
- **Gender:** No clinically relevant effect of gender on the pharmacokinetics of pirfenidone has been observed. The  $C_{max}$  of pirfenidone in females was approximately 10% higher than in males.
- **Race:** No clinically relevant effect of race on the pharmacokinetics of pirfenidone has been observed. The predicted  $AUC_{0-24}$  of pirfenidone was found to be 21% lower in Caucasian compared with African-American subjects. However, there were only a small number of non-Caucasian patients included in controlled clinical trials.
- **Body Size:** No clinically relevant effect of body size on the pharmacokinetics of pirfenidone has been observed. Obese subjects were observed to have higher exposure than either normal or overweight subjects but the former were older and had worse renal function.
- **Hepatic Insufficiency:** The pharmacokinetics of pirfenidone were compared in subjects with moderate hepatic impairment (Child-Pugh Class B) and normal hepatic function. Results showed that there was a mean increase of 60% in pirfenidone exposure after a single dose of 801 mg pirfenidone (3 × 267 mg capsule) in patients with moderate hepatic impairment. Pirfenidone should be used with caution in patients with mild to moderate hepatic impairment and patients should be monitored closely for signs of toxicity especially if they are concomitantly taking a known CYP enzyme inhibitor (in particular a CYP1A2 inhibitor). ESBRIET is contraindicated in severe hepatic impairment and end stage liver disease (see 2 [CONTRAINDICATIONS](#)).
- **Renal Insufficiency:** No significant differences in the pharmacokinetics of pirfenidone were observed in subjects with mild renal impairment (CrCl of 51–80 mL/min; Cockcroft-Gault equation) to severe renal impairment (CrCl <30 mL/min) compared with subjects with normal renal function (CrCl >80 mL/min). However, the parent drug is predominantly metabolized to 5-carboxy-pirfenidone, and the pharmacokinetics of this metabolite are altered in subjects with moderate to severe renal impairment. The  $AUC_{0-\infty}$  of 5-carboxy-pirfenidone was significantly higher in the moderate ( $p = 0.009$ ) and severe ( $p < 0.0001$ ) renal impairment groups than in the group with normal renal function; 100 (26.3) and 168 (67.4) mg•h/L compared to 28.7 (4.99) mg•h/L

respectively. However, the predicted amount of metabolite accumulation at steady state is minimal as the terminal elimination half-life is only 1–2 hours in these subjects. Caution is required in patients with mild to moderate renal impairment who are receiving pirfenidone. ESBRIET is contraindicated in patients with severe renal impairment (CrCl <30mL/min) or end stage renal disease requiring dialysis (see 7 [WARNINGS AND PRECAUTIONS](#) and 2 [CONTRAINDICATIONS](#)).

- **Japanese Patients:** Study SP3: a phase III study conducted in Japanese patients, compared pirfenidone 1800 mg/day (tablets, a comparable dose to 2403 mg/day in the North American and European populations of PIPF-004/006 on a weight-normalized basis) with placebo (N = 110, N = 109, respectively). Treatment with pirfenidone 1800 mg/day statistically significantly reduced mean decline in vital capacity (VC) at Week 52 (the primary endpoint) compared with placebo (-0.09 ± 0.02 L versus -0.16 ± 0.02 L respectively, relative difference 43.8%, p = 0.042). There was also a statistically significant prolongation in progression free survival compared with placebo (HR: 0.64 [0.43–0.96], p = 0.028).

## 11 STORAGE, STABILITY AND DISPOSAL

Store at room temperature (15 - 30°C).

### Disposal of unused/expired medicines

The release of pharmaceuticals in the environment should be minimized. Medicines should not be disposed via wastewater and disposal through household waste should be avoided. Use established “collection systems,” if available in your location.

## 12 SPECIAL HANDLING INSTRUCTIONS

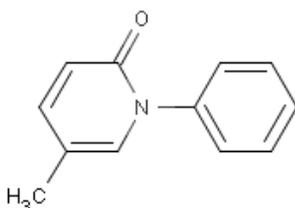
There are no special handling instructions for ESBRIET.

## PART II: SCIENTIFIC INFORMATION

### 13 PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper name:	pirfenidone
Chemical name:	5-Methyl-1-phenyl-2-(1H)-pyridone
Molecular formula and molecular mass :	C <sub>12</sub> H <sub>11</sub> NO and 185.22
Structural formula:	



#### Physicochemical properties:

Description:	White to pale yellow crystalline powder
Solubility:	Freely soluble in methanol, ethyl alcohol, acetone, and chloroform. Sparingly soluble in 1.0 N hydrochloric acid, water and 1.0 N sodium hydroxide.
Melting point:	Between 106°C and 112°C
pKa	0.2 ± 0.6

### 14 CLINICAL TRIALS

#### 14.1. Clinical Trials by Indication

##### Idiopathic Pulmonary Fibrosis

The clinical efficacy of ESBRIET (pirfenidone capsules 267 mg) has been studied in three Phase III, multicentre, randomized, double-blind, placebo-controlled studies in patients with IPF (PIPF-004, PIPF-006 and PIPF-016).

PIPF-004 and PIPF-006 compared treatment with ESBRIET 2403 mg/day to placebo. The studies were nearly identical in design, with few exceptions including an intermediate dose group (1197 mg/day) in PIPF-004. In both studies, treatment was administered three times daily for a minimum of 72 weeks. The final follow-up visit was held 3 to 4 weeks after the treatment completion visit. The primary

endpoint in both studies was the change from Baseline to Week 72 in percent predicted Forced Vital Capacity (FVC).

PIPF-016 compared treatment with ESBRIET 2403 mg/day to placebo. Treatment was administered three times daily for 52 weeks. The primary endpoint was the change from Baseline to Week 52 in percent predicted FVC.

**Table 5 Summary of Patient Demographics for Phase III Clinical Trials in Patients with IPF**

Study #	Trial design	Dosage, route of administration and duration	Study patients (n) Esbriet/ Control	Mean age (Range)		Gender	
				Esbriet	Control	Esbriet	Control
PIPF-004	Randomized double-blind, placebo-controlled Phase III study to evaluate the efficacy and safety of ESBRIET in patients with IPF	2403 mg/day (three 267 mg capsules TID) ESBRIET vs. placebo, administered orally for 72 weeks.	174/174	65.7 years (45–80 years)	66.3 years (40–79 years)	32.2% female	26.4% female
PIPF-006	Randomized double-blind, placebo-controlled Phase III study to evaluate the efficacy and safety of ESBRIET in patients with IPF	2403 mg/day (three 267 mg capsules TID) ESBRIET vs. placebo, administered orally for 72 weeks.	171/173	66.8 years (45–80 years)	67.0 years (42–80 years)	28.1% female	28.3% female
PIPF-016	Randomized double-blind, placebo-controlled Phase III study to evaluate the efficacy and safety of ESBRIET in patients with IPF	2403 mg/day (three 267 mg capsules TID) ESBRIET vs. placebo, administered orally for 52 weeks.	278/277	68.4 years (47–80 years)	67.8 years (41–80 years)	20.1% female	23.1% female

**Forced Vital Capacity**

In study PIPF-004, the decline in lung function, as measured by percent predicted FVC from Baseline at

Week 72 of treatment, was significantly reduced in patients receiving ESBRIET (N = 174) compared with patients receiving placebo (N = 174; p = 0.001, rank ANCOVA). The absolute difference in the mean change in percent predicted FVC was 4.4% between treatment groups, representing a relative difference of 35.5%. Treatment with ESBRIET also significantly reduced the decline of percent predicted FVC from Baseline at Weeks 24 (p = 0.014), 36 (p < 0.001), 48 (p < 0.001), and 60 (p < 0.001). At Week 72, a decline from Baseline in percent predicted FVC of ≥10% (a threshold indicative of the risk of mortality in IPF) was seen in 20% of patients receiving ESBRIET compared to 35% receiving placebo (Table 6).

In study PIPF-006, there was no statistically significant difference between treatment with ESBRIET (N = 171) and placebo (N = 173) in the reduction of the decline of percent predicted FVC from Baseline at Week 72 (p = 0.501, rank ANCOVA). However, treatment with ESBRIET reduced the decline in lung function, as measured by percent predicted FVC from Baseline at Weeks 24 (p < 0.001), 36 (p = 0.011), and 48 (p = 0.005). At Week 72, a decline in FVC of ≥10% was seen in 23% of patients receiving ESBRIET and 27% receiving placebo (Table 6).

The primary endpoint analysis of the pooled population also showed an ESBRIET treatment effect on percent predicted FVC at week 72 (p = 0.005, rank ANCOVA). The absolute difference in the mean change in percent predicted FVC was 2.5% between two treatment groups, representing a relative difference of 22.8%. At Week 72, a decline from Baseline in percent predicted FVC of ≥10% was seen in 21.4% of patients receiving ESBRIET compared to 30.5% receiving placebo (Table 6).

**Table 6**                      **Categorical Assessment of Change from Baseline to Week 72 in Percent Predicted FVC**

	Number (% of Patients)					
	PIPF-004		PIPF-006		Pooled	
	ESBRIET 2403 mg/d (n = 174)	Placebo (n = 174)	ESBRIET 2403 mg/d (n = 171)	Placebo (n = 173)	ESBRIET 2403 mg/d (n = 345)	Placebo (n = 347)
<b>Decline of ≥10% or death or lung transplant</b>	35 (20%)	60 (34%)	39 (23%)	46 (27%)	74 (21%)	106 (30%)
<b>Decline of &lt;10% but ≥0%</b>	97 (56%)	90 (52%)	88 (52%)	89 (51%)	185 (54%)	179 (52%)
<b>Improvement of &gt;0%</b>	42 (24%)	24 (14%)	44 (26%)	38 (22%)	86 (25%)	62 (18%)

In study PIPF 016, the decline of percent predicted FVC from Baseline at Week 52 of treatment, was significantly reduced in patients receiving ESBRIET (N = 278) compared with patients receiving placebo (N = 277; p < 0.000001, rank ANCOVA). Treatment with ESBRIET also significantly reduced the decline of percent predicted FVC from Baseline at Weeks 13 (p < 0.000001), 26 (p < 0.000001), and 39 (p = 0.00002).

### **Progression Free Survival (PFS)**

In the analysis of PFS in study PIPF-004, treatment with ESBRIET significantly reduced the combined risk of death or disease progression by 36% compared to placebo (HR 0.64 [0.44–0.95];  $p = 0.023$ ). Disease progression was defined as  $\geq 10\%$  decline in percent predicted FVC or  $\geq 15\%$  decline in percent predicted diffusing capacity of the lungs for carbon monoxide ( $DL_{CO}$ ).

The reduction in risk was primarily due to differences in disease progression due to decline in percent predicted FVC. In study PIPF-006, there was no difference in PFS between the two treatment arms (HR 0.84 [0.58–1.22];  $p = 0.355$ ). In the pooled analysis, treatment with ESBRIET 2403 mg/day resulted in a 26% reduction in the risk of death or progression of disease compared with placebo (HR 0.74 [95% CI, 0.57–0.96];  $p = 0.025$ ).

In the analysis of PFS in study PIPF-016, treatment with ESBRIET significantly reduced the combined risk of death or disease progression by 43% compared to placebo (HR 0.57 [0.43–0.77];  $p = 0.0001$ ). Disease progression was defined as death,  $\geq 10\%$  decline in percent predicted FVC or  $\geq 50$  meters decline in six minute walk test (6MWT) distance.

### **Six Minute Walk Test Distance**

In study PIPF-004, there was no difference between patients receiving ESBRIET compared to placebo in change from baseline to Week 72 of distance walked during a six minute walk test (6MWT) by the prespecified rank ANCOVA ( $p = 0.171$ ). The difference in the mean decline in the 6MWT distance between the treatment groups at Week 72 was 16.4 meters, representing a relative difference of 21.3%.

In study PIPF-006, the decline in 6MWT distance from baseline to Week 72 was significantly reduced compared with placebo in this study ( $p < 0.001$ , rank ANCOVA). The difference in the mean decline in the 6MWT distance between the treatment groups at Week 72 was 31.8 meters, representing a relative difference of 41.3%.

In study PIPF-016, the decline in 6MWT distance from baseline to Week 52 was significantly reduced compared with placebo ( $p = 0.036$ , rank ANCOVA). The difference in the mean decline in the 6MWT distance between the treatment groups was 26.7 meters, representing a relative difference of 44.2%.

### **Mortality**

The overall survival was captured as an exploratory efficacy endpoint in pivotal studies. The cause of death was not adjudicated and the effect of ESBRIET on all-cause mortality is inconclusive.

In a pooled analysis of survival in PIPF-004 and PIPF 006 the mortality rate with ESBRIET 2403 mg/day group was 7.8% compared with 9.8% with placebo (HR 0.77 [95% CI, 0.47–1.28]).

In Study PIPF-016, the mortality rate with ESBRIET 2403 mg/ day group was 4.0 % compared with 7.2% with placebo (HR 0.55 [ 95% CI, 0.26–1.15]).

## 14.2. Comparative Bioavailability Studies

Study GP29830 was a Phase I, open-label, randomized, four-treatment period, four-sequence, single dose, crossover comparative bioavailability study designed to determine the bioequivalence of pirfenidone tablets (1 x 801 mg) to pirfenidone capsules (3 x 267 mg) under both fasted and fed conditions in 44 healthy male (64%) and female (36%) subjects from 20 to 54 years of age. The results from 43 subjects are presented below.

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA  
Fasting Conditions

PIRFENIDONE (1 x 801 mg for Tablet; 3 x 267 mg for Capsules) From measured data				
Geometric Mean Arithmetic Mean (CV %)				
Parameter	Tablet*	Capsules†	% Ratio of Geometric Least Square Means	90% Confidence Interval
AUC <sub>T</sub> (ng • hr/mL)	49200 52200 (35.4)	49500 52300 (34.1)	99.63	96.66-102.69
AUC <sub>I</sub> (ng • hr/mL)	49400 52400 (35.9)	49700 52600 (34.5)	99.61	96.64-102.68
C <sub>max</sub> (ng/mL)	12600 13400 (39.6)	12500 13000 (34.5)	101.26	94.41-108.60
T <sub>max</sub> <sup>§</sup> (h)	1.00 (0.25, 3.00)	0.75 (0.25, 2.00)	--	--
T <sub>½</sub> <sup>²</sup> (h)	2.77 (20.6)	2.77 (21.3)	--	--

\*Test product, ESBRIET (pirfenidone) 801 mg tablets (Hoffmann-La Roche Limited), n=42

† Reference product, ESBRIET (pirfenidone) 267 mg capsules, manufacturer: F.Hoffmann-La Roche, country of purchase: USA, n=42

AUC<sub>T</sub> = area under the plasma concentration versus time curve from time zero to the time of the last quantifiable concentration up to 24 hours post dosing

AUC<sub>I</sub> = area under the plasma concentration versus time curve from time zero to infinity

<sup>§</sup> Expressed as the median (range)

<sup>²</sup> Expressed as the arithmetic mean (CV%)

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA  
Fed Conditions (High Fat Meal)

PIRFENIDONE (1 x 801 mg for Tablet; 3 x 267 mg for Capsules) From measured data				
Geometric Mean Arithmetic Mean (CV %)				
Parameter	Tablet*	Capsules†	% Ratio of Geometric Least Square Means	90% Confidence Interval
AUC <sub>T</sub> (ng • hr/mL)	40600 43100 (35.8)	39500 42000 (36.6)	103.06	99.55-106.69
AUC <sub>I</sub> (ng • hr/mL)	40900 43400 (36.5)	39800 42400 (37.3)	103.05	99.54-106.69
C <sub>max</sub> (ng/mL)	7640 7910 (26.0)	6560 6760 (24.8)	116.61	108.26-125.60
T <sub>max</sub> <sup>§</sup> (h)	2.05 (1.00, 6.00)	3.00 (0.50, 6.00)	--	--
T <sub>½</sub> <sup>²</sup> (h)	2.74 (21.1)	2.75 (21.3)	--	--

\*Test product, ESBRIET (pirfenidone) 801 mg tablets (Hoffmann-La Roche Limited), n=43

† Reference product, ESBRIET (pirfenidone) 267 mg capsules, manufacturer: F.Hoffmann-La Roche, country of purchase: USA, n=43

AUC<sub>T</sub> = area under the plasma concentration versus time curve from time zero to the time of the last quantifiable concentration up to 24 hours post dosing

AUC<sub>I</sub> = area under the plasma concentration versus time curve from time zero to infinity

<sup>§</sup> Expressed as the median (range)

<sup>²</sup> Expressed as the arithmetic mean (CV %)

### 14.3. Immunogenicity

Not applicable.

## 15 MICROBIOLOGY

No microbiological information is required for this product.

## 16 NON-CLINICAL TOXICOLOGY

### General Toxicology:

With the exception of phototoxicity, nonclinical data revealed no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity, carcinogenicity, and toxicity to reproduction. Phototoxicity and irritation were noted in guinea pigs and mice after oral administration of pirfenidone and with exposure to UVA light.

### Acute Toxicity

In mice and rats the clinical signs observed at the maximum non-lethal doses included hypoactivity and abnormal gait. These clinical signs were observed in dogs in addition to vomiting, mydriasis and tremors. In a study with rats, the toxicity of pirfenidone was reduced when administered with food. Pirfenidone was more toxic to female rats and female dogs in which higher systemic exposures compared to males was observed.

**Table 7 Acute Toxicity**

Species	Route	Maximum Non-Lethal Dose (mg/kg)	Minimum Lethal Dose (mg/kg)
Mouse	Oral, gavage	1000	2000
Rat	Oral, gavage	500 (fasted); 1000 (fed)	1000 (fasted)
Dog	Oral, capsule	1000	Not determined

### Chronic toxicity

In repeated dose studies, decreased body weight was observed in mice, rats and dogs administered oral pirfenidone. Increased liver weights were observed with hepatic centrilobular hypertrophy and increased CYP content in all species. In dogs, transient vomiting, abnormal gait, tremors, limb weakness, rigidity and hypoactivity were observed at doses 10-fold higher ( $C_{max}$ ) than the clinical dose. The toxic signs observed in these studies were reversible after pirfenidone administration was stopped.

**Table 8 Chronic Toxicity**

Species	Route	Duration	Doses (mg/kg/day)	Results
Mouse, B6C3F <sub>1</sub>	Oral, diet	13 weeks	0, 200, 600, 2000	↓ Body weight at the highest dose. ↑ Red blood cell indices, reticulocyte ratio and platelet count in males. ↓ Albumin (both sexes), A/G ratio (males), total protein (females) and cholesterol; ↑ BUN (males). Dose-related ↑ liver weight with centrilobular hepatocyte hypertrophy, and splenic extramedullary hematopoiesis in males at 2000 mg/kg/day. NOAEL: 600 mg/kg/day
Rat, F344	Oral, diet	13 weeks	0, 500, 1000, 1500	↓ Body weight and body weight gain, ↓ erythrocytes (RBC), haemoglobin, and hematocrit and ↑ MCV, platelets and reticulocytes in both sexes. ↑ Total protein, albumin, glucose, BUN, cholesterol, calcium, and inorganic phosphorous; ↓ A/G ratio, triglycerides and chloride. ↑ Liver, kidney, adrenal, and testes weights. Dose-dependent centrilobular hepatocyte hypertrophy, kidney tubular epithelial regeneration (males only), and adrenal gland zone fasciculata hypertrophy (males only at 1500 mg/kg/day).
Rat, SD	Oral, gavage	6 months	0, 20, 100, 500, 1000	Salivation, ↓ activity, and respiratory rate at 500 and 1000 mg/kg/day during the first 6 weeks of treatment. ↓ Food consumption and body weight gain in high-dose males. ↓ RBC, haemoglobin, and hematocrit in females, and ↑ MCV and MCH in males, together with ↓ prothrombin time in males and ↑ activated partial thromboplastin time in females. ↑ Total protein, albumin, A/G ratio, creatinine kinase, amylase,

Species	Route	Duration	Doses (mg/kg/day)	Results
				cholesterol, calcium, and inorganic phosphorous; ↓ creatinine, triglycerides, and chloride. ↑ Liver weight (both sexes) and centrilobular hypertrophy in 2/12 males at 1000 mg/kg/day. ↑ CYP content and selected isoenzymes at 500 and 1000 mg/kg/day. NOAEL: 100 mg/kg/day
Rat, SD	Intravenous	4 weeks	0, 500, 1000, 1625	Ten deaths by Day 4 of treatment (1 female at 1000 mg/kg/day and 9 females at 1625 mg/kg/day). ↑ Absolute liver and kidney weights and hepatic centrilobular hypertrophy at 1625 mg/kg/day. NOAEL: 500 mg/kg/day
Dog, Beagle	Oral, capsule	3 months	0, 20, 70, 200	Mucous in faeces, salivation, vomiting, abnormal gait, difficulty in standing, rigidity, limb weakness, head shakes, vocalization and hypoactivity at the higher doses. ↑ Platelet counts at 200 mg/kg/day. ↑ Alkaline phosphatase at 70 and 200 mg/kg/day. ↑ Liver weight and reversible hepatocellular hypertrophy at 200 mg/kg/day. ↑ Submaxillary gland weight and acinar hypertrophy at 200 mg/kg/day. ↑ CYP content and microsomal enzyme activities at all doses. NOAEL: 70 mg/kg/day
Dog, Beagle	Oral, capsule	9 months	0, 20, 70, 200	Mucous in faeces (all doses), salivation, vomiting, abnormal gait, difficulty standing, rigidity, limb weakness, head shakes, vocalization and hypoactivity at the higher doses. ↓ Body weight (females), ↑ platelet counts, ↑ alkaline phosphatase, ↑ liver weight with reversible hepatocellular hypertrophy, ↑ submaxillary gland weight and acinar hypertrophy at 200 mg/kg/day. ↑ CYP content and microsomal enzyme activities at all doses. NOAEL: 70 mg/kg/day
Dog, Beagle	Oral, capsule	9 months	0, 20, 70, 200 (given as b.i.d.)	Excessive salivation and reddening of the inner ear skin. And ↑ alkaline phosphatase at the higher doses. NOAEL: 200 mg/kg/day

A/G = albumin/globulin; MCV = mean corpuscular volume; MCH = mean corpuscular haemoglobin; BUN = blood urea nitrogen; RBC = red blood cells; SD = Sprague Dawley; NOAEL = no observed adverse effect level.

### Carcinogenicity:

In long term studies, an increased incidence of liver tumours (hepatocellular adenoma) was observed in mice ( $\geq 800$  mg/kg/day) and rats ( $\geq 750$  mg/kg/day). At a pifenidone dose of 1500 mg/kg/day (4-fold higher than the clinical dose), a statistically significant increase in uterine adenocarcinoma was observed in female rats. The results of mechanistic studies indicated that the occurrence of uterine tumours may be related to a chronic dopamine-mediated sex hormone imbalance involving a species specific endocrine mechanism in the rat which is not present in humans. The relevance of these findings to humans is unknown.

**Table 9 Carcinogenicity**

Species and Strain	Route	Duration	Doses (mg/kg/day)	Results
Mouse, B6C3F <sub>1</sub>	Oral, diet	104 weeks	0, 800, 2000, 5000	↑ Liver tumours at all doses (both sexes): considered to be a rodent species-specific non-genotoxic effect due to hepatic CYP induction.
Rat, F344	Oral, diet	104 weeks	0, 375, 750, 1500	↑ Liver tumours at all doses (both sexes): considered to be rodent species-specific non-genotoxic effect due to hepatic CYP induction. ↑ uterine tumours at 1500 mg/kg/day: considered to be rodent species-specific due to chronic dopamine-mediated sex hormone imbalance.

**Genotoxicity and Photogenotoxicity:**

Pirfenidone showed no genotoxic potential in standard *in vitro* and *in vivo* genotoxicity assays. However, under UV exposure, pirfenidone was positive in a photoclastogenic assay in Chinese hamster lung cells but was not mutagenic in the Ames test. The metabolite 5-carboxy-pirfenidone was not photomutagenic or photoclastogenic in similar assays.

**Table 10 Genotoxicity and Photogenotoxicity**

Type of Study	Test System	Method of admin.	Doses	Results
Ames	<i>S. typhimurium</i> , <i>E. coli</i>	<i>In vitro</i>	100–5000 µg/plate	Negative
Chromosome Aberration	Chinese hamster ovary cells	<i>In vitro</i>	1000–2800 µg/mL (no activation) 500–1400 µg/mL (with activation)	Negative
Chromosome Aberration	Chinese hamster lung cells	<i>In vitro</i>	231–1850 µg/mL (with and without activation) 116–925 µg/mL (without activation, 48 hr exposure)	Negative
Bone marrow micronucleus	Mouse, ICR	Oral, gavage (single dose)	200, 400, 800 mg/kg	Negative
Liver UDS	Rat, F344	Oral, gavage (single dose)	1000, 2000 mg/kg	Negative
Ames	<i>S typhimurium</i> strains TA102 and TA98, <i>E coli</i> strain WP2/pKM101	<i>In vitro</i>	39.1–5000 µg/plate (without activation, with UV exposure)	Negative
Chromosome Aberration	Chinese hamster lung cells	<i>In vitro</i>	560–1900 µg/mL (without activation, in the absence of UV exposure)	Negative
Chromosome Aberration	Chinese hamster lung cells	<i>In vitro</i>	1–120 µg/mL (without activation, with UV exposure)	Positive

UDS = Unscheduled DNA synthesis

**Reproductive and Developmental Toxicology:**

Reproductive toxicology studies demonstrated no adverse effects of pirfenidone on male and female fertility or postnatal development of offspring in rats. Rats exhibited prolongation of the estrus cycle and an increased incidence of irregular cycles at higher doses (≥450 mg/kg/day). Prolonged gestation and reduced fetal viability were observed in rats at high doses (≥1000 mg/kg/day). The placental

transfer of pirfenidone and/or its metabolites occurred in animals with the potential for their accumulation in amniotic fluid. Dose-related increases in fetal incidences of soft tissue variations and skeletal variations were observed but were considered related to lower maternal food consumption and body weight. There was no evidence of teratogenicity in rats or rabbits at doses up to 4-fold higher than the clinical dose. Pirfenidone and/or its metabolites were also excreted in milk in lactating rats.

**Table 11 Reproductive Toxicity**

Species and Strain	Route	Duration	Doses (mg/kg/day)	Results
Rat, SD	Oral, diet	50–69 days: Premating (28 days M and 14 days F) to Gestation Day 20	0, 450, 900	↓ Body weight and food consumption at both dose levels. ↓ Gravid uterine weights and foetal body weights. NOAEL (fertility and foetal development): 900 mg/kg/day.
Rat, SD	Oral, gavage	50–69 days: Premating (28 days M and 14 days F) to Gestation Day 17	0, 50, 150, 450, 1000	Transient hypoactivity, ptosis, limb weakness, abnormal gait, and hypopnea (both sexes) at 150, 450, and 1000 mg/kg/day. Dose-related prolongation of estrus cycle and high incidence of irregular cycles at 450 and 1000 mg/kg/day. NOAEL (reproductive toxicity, males): 1000 mg/kg/day NOAEL (reproductive toxicity, females): 150 mg/kg/day NOAEL (foetal development): 1000 mg/kg/day
Rabbit, Japanese white	Oral, gavage	Gestation Days 6 to 18	0, 30, 100, 300	Transient accelerated respiration, prone position, dilation of auricular blood vessels, sluggish startle reaction, ear drop, scant feces, salivation, and ptosis at 100 and 300 mg/kg/day. ↓ Food consumption and ↓ body weight gain. One animal at 100 mg/kg/day delivered prematurely on Day 28 and two animals aborted (Day 24 and Day 26) and another died (Day 27) at 300 mg/kg/day. NOAEL (reproductive toxicity): 30 mg/kg/day NOAEL (foetal development): 300 mg/kg/day
Rat, SD	Oral, gavage	Gestation Day 7 to Lactation Day 20 (postpartum)	0, 100, 300, 1000	F <sub>0</sub> : ↓ activity, respiratory inhibition, salivation, and lacrimation at all doses. Prolongation of gestation period at 1000 mg/kg/day (22.7 days versus 22.2 days in control) and decreased foetal viability. F <sub>1</sub> : ↓ Body weights during pre-weaning period at 300 and 1000 mg/kg/day. F <sub>2</sub> : no effect on litter size.

SD = Sprague Dawley; NOAEL = no observed adverse effect level.

### Special Toxicology:

#### Phototoxicity

Pirfenidone was phototoxic in guinea pigs and mice inducing transient erythema at doses 4-fold higher than the clinical dose (based on C<sub>max</sub>). Sunscreens with SPF 50+ prevented pirfenidone induced phototoxicity in guinea pigs.

**Table 12 Phototoxicity and Photosensitivity**

Species and Strain	Route	Duration	Doses (mg/kg/day)	Results
Guinea pig, Hartley	Oral, gavage / topical	1 day/ 2 weeks	0, 40, 160 (oral); 0%, 1%, 5% (topical)	No phototoxicity or photosensitivity
Guinea pig, Hartley	Oral, gavage	3 days	0, 2.5, 10, 40, 160	Reversible phototoxic effects.
Guinea pig, Hartley	Oral, gavage	Single dose	0, 160	Severity of phototoxic lesions ↓ over time after UV exposure and was minimal at 6 hours post-dose.
Guinea pig, Hartley	Oral, gavage	Single dose	0, 160	Severity of phototoxic lesions ↓ with ↑ grade of sunscreen. SPF 50 cream and SPF 50 lotion decreased the total toxicity score by 100% and 74%, respectively.
Mouse, HR-1 Hairless	Oral, gavage	28 days	0, 500	Local toxicity of skin: mild acanthosis and mild single cell necrosis in the epidermis of the auricle and the dorsal skin. These changes were not apparent after a 1-month recovery period.

UV = ultraviolet; SPF = sun protection factor

**Juvenile Toxicity:**

Not applicable.

## PATIENT MEDICATION INFORMATION

### READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

Pr **ESBRIET**<sup>®</sup>  
**pirfenidone capsules**  
**pirfenidone tablets**

Read this carefully before you start taking **ESBRIET** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **ESBRIET**.

#### Serious Warnings and Precautions

- **Severe Drug Interactions** can occur if **ESBRIET** is taken in combination with some other medications. In particular, do not take **ESBRIET** with **fluvoxamine**.
- Talk to your healthcare professional if you are currently taking **ciprofloxacin** (antibiotic). A dose adjustment may be required.
- If you currently take fluvoxamine, a different medication should be prescribed for you before you begin taking **ESBRIET**.

#### What is **ESBRIET** used for?

- **ESBRIET** is used for the treatment of idiopathic pulmonary fibrosis (IPF) in adults.

#### How does **ESBRIET** work?

How **ESBRIET** works is not yet fully understood. It may reduce inflammation and fibrosis in your lungs. It may slow down worsening of your IPF.

#### What are the ingredients in **ESBRIET**?

Medicinal ingredients: pirfenidone

Non-medicinal ingredients:

- **Capsules:** Ammonium hydroxide, black iron oxide, croscarmellose sodium, gelatin, magnesium stearate, microcrystalline cellulose, povidone, propylene glycol, red iron oxide, shellac, titanium dioxide, yellow iron oxide
- **Tablets:** Colloidal anhydrous silica, croscarmellose sodium, iron oxide, macrogol (polyethylene glycol), magnesium stearate, microcrystalline cellulose, polyvinyl alcohol, povidone, talc, and titanium dioxide.

#### **ESBRIET** comes in the following dosage forms:

- Capsules: 267 mg.
- Tablets: 267 mg and 801 mg.

#### Do not use **ESBRIET** if:

- you are allergic to pirfenidone or any of the other ingredients in this medicine.
- you have previously experienced angioedema with pirfenidone, including symptoms such as swelling of the face, lips and/or tongue which may be associated with difficulty breathing or wheezing.

- you have severe or end-stage liver disease.
- you have severe or end-stage kidney disease or you require dialysis.

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take ESBRIET. Talk about any health conditions or problems you may have, including if you:**

- Have liver or kidney problems or disease.
- Are pregnant or planning to become pregnant. It is not known whether taking ESBRIET may be harmful to an unborn baby.
- Are breastfeeding or planning to do so. It is not known if ESBRIET passes into breast milk.

**Other warnings you should know about:**

**Driving and using machines:** Before you perform tasks which may require you to be alert and coordinated, wait until you know how you will respond to ESBRIET. Dizziness and tiredness can occur when you take ESBRIET. Taking ESBRIET with food may decrease dizziness. Be careful when driving or using machines.

**Increased sensitivity to sunlight:** You may become more sensitive to sunlight when taking ESBRIET. You should:

- Avoid other medicines which may make you more sensitive to sunlight. Ask your pharmacist if you are not sure.
- Avoid or minimize exposure to direct or indirect sunlight, including through windows and from sunlamps.
- Wear an effective sunblock daily (at least SPF 50, against UVA and UVB).
- Wear clothing that protects against sun exposure such as a wide-brimmed hat and long sleeves.
- Seek shade.

ESBRIET can cause weight loss. Your healthcare professional will monitor your weight while you are taking this medicine.

Do not drink grapefruit juice during the time that you are taking ESBRIET. Grapefruit juice may prevent ESBRIET from working properly.

Do not smoke before and during treatment with ESBRIET. Cigarette smoking may reduce the effect of ESBRIET.

**Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.**

#### **Serious Drug Interactions**

- **Severe Drug Interactions** can occur if ESBRIET is taken in combination with some other medications. In particular, do not take ESBRIET with **fluvoxamine**.
- Talk to your healthcare professional if you are currently taking **ciprofloxacin** (antibiotic). A dose adjustment may be required.
- If you currently take fluvoxamine, a different medication should be prescribed for you before you begin taking ESBRIET.

### The following may also interact with ESBRIET:

- medicines used to treat an abnormal heartbeat (e.g., amiodarone, mexiletine, quinidine)
- medicines used to treat depression and/or anxiety (e.g., bupropion, duloxetine, fluoxetine, moclobemide, paroxetine)
- medicines used to treat seizures (e.g., carbamazepine, phenytoin)
- medicines used to treat bacterial infections (e.g., ciprofloxacin, rifampin)
- medicines used to treat heartburn (e.g., esomeprazole, omeprazole)
- medicines used to treat fungal infections (e.g., fluconazole, miconazole, terbinafine, voriconazole)
- cinacalcet, used to lower parathyroid hormone levels
- methoxsalen, used to treat skin conditions such as psoriasis
- Oral contraceptives (i.e., “The Pill” for birth control)

### How to take ESBRIET:

- ESBRIET should only be prescribed and monitored by healthcare professionals with the appropriate training and experience in the diagnosis and treatment of IPF.
- Always take ESBRIET exactly as your healthcare professional has told you. You should check with your healthcare professional if you are not sure.
- **Swallow the capsules/tablets:**
  - Whole
  - With a drink of water
  - With food or during or after a meal to reduce the risk of side effects such as persistent stomach problems and dizziness (see **Serious side effects and what to do about them**)

### Usual dose:

ESBRIET is usually prescribed in increasing doses as follows:

- **If taking capsules:**
  - **Days 1 to 7:** Take 1 capsule three times a day with food (a total of 3 capsules a day or 801 mg a day)
  - **Days 8 to 14:** Take 2 capsules three times a day with food (a total of 6 capsules a day or 1602 mg a day)
  - **Day 15 and onwards:** Take 3 capsules three times a day with food (a total of 9 capsules a day or 2403 mg a day)
- **If taking tablets:**
  - 267 mg tablets are **yellow** in colour.
  - 801 mg tablets are **brown** in colour.
  - **Days 1 to 7:** Take 1 **yellow** tablet three times a day with food (a total of 3 tablets a day or 801 mg a day)
  - **Days 8 to 14:** Take 2 **yellow** tablets three times a day with food (a total of 6 tablets a day or 1602 mg a day)
  - **Day 15 and onwards:** Take 3 **yellow** tablets three times a day with food **OR** take 1 **brown** tablet three times a day with food (a total of 2403 mg a day).

Your healthcare professional may reduce your dose if you have:

- skin reactions to sunlight or sun lamps.
- significant changes to your liver enzymes.
- stomach problems.

If your stomach problems do not get better, your healthcare professional may stop treatment with ESBRIET.

If you have not taken ESBRIET for 14 days or more in a row:

- your healthcare professional will restart your treatment with the lowest dose.
- the dose will be gradually increased over 2 weeks to the usual dose.

**Overdose:**

If you think you, or a person you are caring for, have taken too much ESBRIET, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

**Missed Dose:**

If a dose is missed, the next dose should be taken as originally planned. Double doses should not be taken to make up for forgotten doses.

**What are possible side effects from using ESBRIET?**

These are not all the possible side effects you may have when taking ESBRIET. If you experience any side effects not listed here, tell your healthcare professional.

Side effects may include:

- Skin problems such as rash, itchy skin, skin redness, dry skin
- Tiredness, feeling weak or feeling low in energy
- Indigestion, heartburn, acid reflux, decreased appetite, changes in taste, bloating, abdominal pain and discomfort
- Infections of the throat or the airways going into the lungs and/or sinusitis, influenza and/or common cold
- Difficulty sleeping, feeling sleepy
- Headache
- Muscle pain, aching joints/joint pains
- Weight loss

ESBRIET may cause liver problems and other abnormal blood test results. You will need blood tests to check your blood levels and to make sure that your liver is working properly. Blood tests should be done before you start taking ESBRIET, at monthly intervals for the first 6 months and then every three months while you are taking this medicine. Your healthcare professional will decide when to perform blood tests and will interpret the results.

<b>Serious side effects and what to do about them</b>			
<b>Symptom / effect</b>	<b>Talk to your healthcare professional</b>		<b>Stop taking drug and get immediate medical help</b>
	<b>Only if severe</b>	<b>In all cases</b>	
<b>VERY COMMON</b>			

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>Increased Sensitivity to Sunlight:</b> skin reaction/rash to sunlight, blistering and/or marked peeling of the skin	✓		
<b>Diarrhea</b>	✓		
<b>Fatigue</b>	✓		
<b>Persistent Stomach Problems:</b> such as nausea, vomiting	✓		
<b>COMMON</b>			
<b>Dizziness</b>		✓	
<b>UNCOMMON</b>			
<b>Liver Problems</b> (abnormal blood test results related to your liver): yellow skin or eyes, dark urine, abdominal pain, nausea, vomiting, loss of appetite			✓
<b>Angioedema:</b> swelling of the face, lips and/or tongue, difficulty breathing or wheezing			✓
<b>RARE</b>			
<b>Allergic Reaction:</b> rash, hives, swelling of the face, lips, tongue or throat, difficulty swallowing or breathing			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>UNKNOWN FREQUENCY</b>			
<b>Chest pain (angina), slow, fast or irregular heart beats</b>			✓
<b>Severe cutaneous adverse reactions</b> (severe skin reactions): redness, blistering and/or peeling of the skin and/or inside of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever, chills, headache, cough, body aches or swollen glands; fever, severe rash, swollen lymph glands, flu-like feeling, yellow skin or eyes, shortness of breath, dry cough, chest pain or discomfort, urinate less often, less urine.			✓

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

<p><b>Reporting Side Effects</b></p> <p>You can report any suspected side effects associated with the use of health products to Health Canada by:</p> <ul style="list-style-type: none"> <li>• Visiting the Web page on Adverse Reaction Reporting (<a href="https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html">https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html</a>) for information on how to report online, by mail or by fax; or</li> <li>• Calling toll-free at 1-866-234-2345.</li> </ul> <p><i>NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.</i></p>
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**Storage:**

- Store capsules/tablets at room temperature (15 - 30°C).
- Keep out of reach and sight of children.

**If you want more information about ESBRIET:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website [www.rochecanada.com](http://www.rochecanada.com), or by calling 1-888-762-4388.

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